

If you need this information in a different language or format please contact the communications team, communications@tavi-port.nhs.uk

Nëse e do informacionin në Shqip ose në një format tjetër, ju lutem kontaktoni grupin e komunikimit, communications@tavi-port.nhs.uk

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কমউনিকেশন টিমিরে সাথে যোগাযোগ করুন communications@tavi-port.nhs.uk

如果你需要本资料以其他形式写成或其 中文版本, 请跟我们的联络小组联系,
communications@tavi.port.nhs.uk

Si vous avez besoin de ces informations en Français ou dans un autre format, veuillez contacter l'équipe de communication, communications@tavi.port.nhs.uk

Sollten Sie diese Informationen in Deutsch oder in einem anderen Format benötigen, dann kontaktieren Sie bitte das Kommunikationsteam, communications@tavi-port.nhs.uk

Se desidera queste informazioni in Italiano o in un formato diverso, per favore contatti lo staff comunicazione, communications@tavi-port.nhs.uk

Se precisar desta informação em Português ou num formato diferente, por favor contacte a equipa de comunicação, communications@tavi-port.nhs.uk

Si necesita esta información en Español o en un formato diferente, póngase en contacto con el equipo de comunicación, communications@tavi-port.nhs.uk

Haddii aad u baahan tahay macluumaadkan oo Soomaali ah ama qaab kala fadlan la soo xidhiidh kooxda isgaadhsiinta, communications@tavi-port.nhs.uk

Contact us

The Port

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The Port

Information for young people and families

What is The Port?

This Port is a NHS service run by the Tavistock and Portman NHS Foundation Trust that helps young people who are displaying behaviour that could put others at risk.

Why am I being referred to this service?

A professional working with you may have come to us for advice on the best way to support you and look after your wellbeing, or if they have a concern about a potential risk to yourself or to others.

We also have people referred to us if they have been seen by the police, or if they are in contact with the Youth Justice System.

Who will I meet?

You may be asked to come and meet with someone from our team.

Our team is made up of child psychotherapists, doctors, a psychologist, nurse, social worker, a drug and alcohol specialist and a mental health practitioner. Often we arrange for you and your family to meet with us alongside someone you already know well, such as your CAMHS practitioner, youth offending team worker or social worker.

What happens when you see us?

We'll talk with you about the reasons why you have been referred to our team, and think about how we, or other people, can help you. We may talk about some of your previous or current life experiences. We will do our best to handle it in a sensitive and understanding way.

What happens to my information?

Information from our meetings will be shared with you, your family and professionals who are involved. We will remain involved for as long as those concerned consider it helpful.

This may be for only a few weeks; in other cases it can be for longer.

Please note that professionals have a duty to share information about a young person's behaviour when that behaviour is thought to present a risk to yourself or others. You should be made aware of what information will need to be shared, why and with whom.

What if I don't want to meet with you?

We hope that you'll agree to attend the appointment with us. We try to offer appointments where you feel most safe and comfortable.

At the appointment we can discuss any worries or concerns you might have. If you really don't want to attend the appointment, please call us and speak to us over the phone, we can consult the professionals involved in your care to see what might be the best way forward.

What happens next?

You may need several appointments with the team so we can complete an accurate assessment which we will share with you and the professionals working with you. We'll discuss the different approaches available to meet your needs, taking your own wishes into account.