

Innovation  
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The Tavistock and Portman  
NHS Foundation Trust



# Medically Unexplained Symptoms /Somatic Symptom Disorder National Summit 2017

Monday 30 October 2017 De Vere West One Conference Centre, London



Chaired by:

**Paul Jenkins OBE**

*Chief Executive*

The Tavistock & Portman NHS Foundation Trust

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A Joint Conference Healthcare Conferences UK & The Tavistock and Portman NHS Foundation Trust

Researched and produced in partnership with The Tavistock and Portman NHS Foundation Trust, this important and timely conference will support delegates to better understand and meet the needs of people with medically unexplained symptoms/somatic symptom disorder. The summit will provide a networking and learning forum for leaders and practitioners in the field of somatic symptom disorder.

Through national updates, extended sessions and practical case studies the Summit will focus on developing a holistic integrated service, improving the management of people in primary care, evaluating the Stepped Care Model and Learning from the National Pathfinders, developing nurse led services, commissioning services and looking ahead to the future of care for people with medically unexplained symptoms.

The Tavistock and Portman NHS Foundation Trust has substantial experience in developing and implementing integrated, GP based primary care services focusing on MUS. Their Hackney PCPCS (Primary Care Psychotherapy and Consultation Service) has won numerous national awards, and a Health economics evaluation in 2015 showed that it produced excellent -value for money". Their TAP project (Team around the Practice) in Camden builds on this tradition and incorporates Social prescribing, in partnership with the VSO -Mind in Camden". These services are amongst a number of pioneering approaches from throughout the UK, to be showcased at the MUS summit, all bringing new models, health economics data, outcome monitoring and patient involvement.

Follow the conference on Twitter #medicallyunexplainedsymptoms

## 10.00 Chair's introduction

**Paul Jenkins OBE** *Chief Executive* The Tavistock & Portman NHS Foundation Trust

## 10.10 The Lived Experience: its all in your head

**Speaker to be announced**

- changing the way we talk about medically unexplained symptoms
- the lived experience
- developments in social prescribing

## 10.30 Improving management and treatment of 'medically unexplained symptoms': a partnership approach

**Speaker to be announced**

- managing MUS across primary and secondary care
- gathering expertise around the patient
- PIT in action: using psychodynamic principles at the roadside

11.30 *Question and answers, followed by tea & coffee at 11.40*

## 12.00 EXTENDED SESSION: Creating an Integrated System of Care for PPS/MUS

**Voice of Service Users**

**With Tim Kent** *Service Lead Primary Care  
Consultant Psychotherapist & Social Worker*

**Ahmet Caglar** *Clinical Practitioner Psychotherapist  
& Turkish Speaking Community Project Group Therapist*  
Tavistock and Portman NHS Foundation Trust

**Dr Ellie Cavallie** *Team Around the Practice Clinical Lead for the  
Community Photography Group*  
Tavistock and Portman NHS Foundation Trust

- managing patients with complex needs: the g primary care psychotherapy consultation service
- delivering an integrated holistic service
- supporting GPs

13.00 *Question and answers, followed by lunch at 13.10*

## 14.00 A novel primary care package for management and treatment of 'medically unexplained symptoms'

**Prof Frank Röhrich**

*Associate Medical Director*  
East London NHS Foundation Trust

- developing a systematic care pathway for patients with functional distress disorder/MUS
- our experience: evaluating outcomes

## 14.30 Medically Unexplained Symptoms and Trauma

**Dr Tony Downes**

*GP*

- managing MUS associated with trauma
- developing the service care pathway
- our experience and case studies

## 15.00 Improving practice: learning from case studies

**Dr Mujtaba Husain**

*Liaison Psychiatrist*  
South London and Maudsley NHS Foundation Trust

- explaining the diagnosis
- training and educating frontline staff in the management of MUS
- some case studies in practice
- learning from the PRINCE Trials

15.30 *Question and answers, followed by tea & coffee at 15.40*

## 16.00 Joint Commissioning Panel for Mental Health: The MUS guidelines

**Speaker to be announced**

- 10 key messages for commissioners
- what principles should underpin good MUS services
- service models and contexts
- monitoring outcomes for people with medically unexplained symptoms

## 16.30 Guidance for commissioners of medically unexplained symptoms services

**Speaker to be announced**

17.00 *Question and answers, followed by close at 16.50*

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For more information contact Healthcare Conferences UK on **01932 429933** or email [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

### Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Monday 30 October 2017

### Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
- £300 + VAT (£360.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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