



Adolescent and Young Adult Service

My confidential information

If you need this information in a different language or format please contact the communications team, communications@tavi-port.nhs.uk

Nëse e do informacionin në Shqip ose në një format tjetër, ju lutem kontaktoni grupin e komunikimit, communications@tavi-port.nhs.uk

إذا كنتم بحاجة إلى هذه المعلومة باللغة العربية أو بشكل مختلف فالرجاء الإتصال بفريق المواصلات
communications@tavi-port.nhs.uk

যদিআপনারবাংলাঅথবাঅন্যফর্মটেগ্রেইতথ্যরেপূরযোজনথাকতোহলঅনুগ্রহকরযোগাযোগদলরে কমউনিকেশন টিমিরে সাথে যোগাযোগ করুন communications@tavi-port.nhs.uk

如果你需要本资料以其他形式写成或其 中文版本, 请跟我们的联络小组联系, communications@tavi-port.nhs.uk

Si vous avez besoin de ces informations en Français ou dans un autre format, veuillez contacter l'équipe de communication, communications@tavi-port.nhs.uk

Sollten Sie diese Informationen in Deutsch oder in einem anderen Format benötigen, dann kontaktieren Sie bitte das Kommunikationsteam, communications@tavi-port.nhs.uk

Se desidera queste informazioni in Italiano o in un formato diverso, per favore contatti lo staff comunicazione, communications@tavi-port.nhs.uk

Se precisar desta informação em Português ou num formato diferente, por favor contacte a equipa de comunicação, communications@tavi-port.nhs.uk

Si necesita esta información en Español o en un formato diferente, póngase en contacto con el equipo de comunicación, communications@tavi-port.nhs.uk

Haddii aad u baahan tahay macluumaadkan oo Soomaali ah ama qaab kala fadlan la soo xidhiidh kooxda isgaadhsiinta, communications@tavi-port.nhs.uk

Contact us

Adolescent and Young Adult Service

020 8938 2326
atyps@tavi-port.nhs.uk
taviport.co/AYAS

4th Floor, Tavistock Centre,
120 Belsize Lane, London NW3 5BA

What is confidentiality?

Keeping information about you between you and your team at the Tavistock and not sharing this information with other people unless you want us to.

Why is confidentiality important?

So that you can be honest and talk about things which are important to you without worrying if others will be told without you wanting them to be told.

Will you tell any of your colleagues what I told you?

In order to give you the best care we sometimes speak to other members of our team about what has been discussed in your sessions.

Why would you tell the team?

Different professionals might see it from different angles and this helps us to make sure you get the right treatment.

Will you tell my parents? Will you tell my teacher/employer?

If you want others such as your parents or teachers to know about your treatment this can be explored and clarified in sessions. You can decide with your therapist what you want to be shared and what you want to keep private.

Will I be informed that you are telling them?

If you agree for people to be involved you will not be informed every time this occurs unless you want to be.

Only the information that you have agreed to share will be shared.

If there is a change in your situation this information would not be shared unless you requested it to be.

What if my parents ask you what we talk about?

What we talk about is private; we would ask you what you would like to share.

Can I change my mind about who the information can be shared with?

Yes, if you decide to change who, or how much you would like to share you can discuss this with your therapist or doctor.

Will you ever tell people things about me when I don't want you to?

Sometimes people don't want others to know when they are having a problem.

When this happens we work with our patients to find someone who they would be happy to involve.

If the problem is serious and is an immediate concern about your safety or the safety of others and we have not been able to identify people whom you would like to be involved we may share information with other people such as professionals or family members. In these cases information would only be shared with the people who were absolutely necessary.