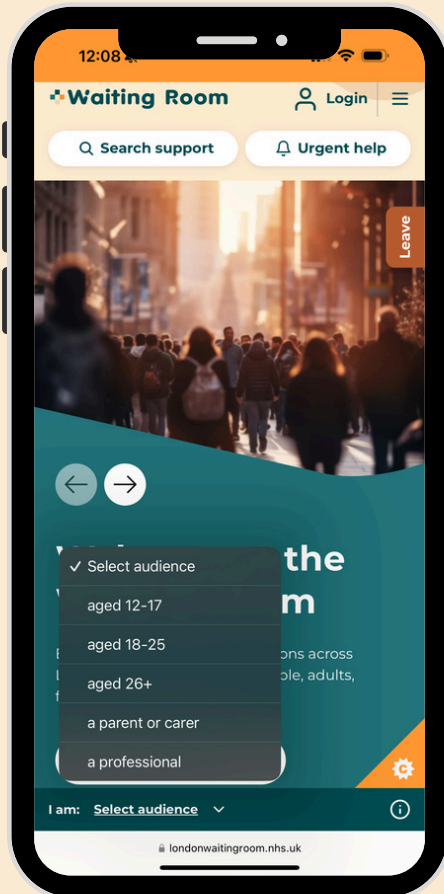
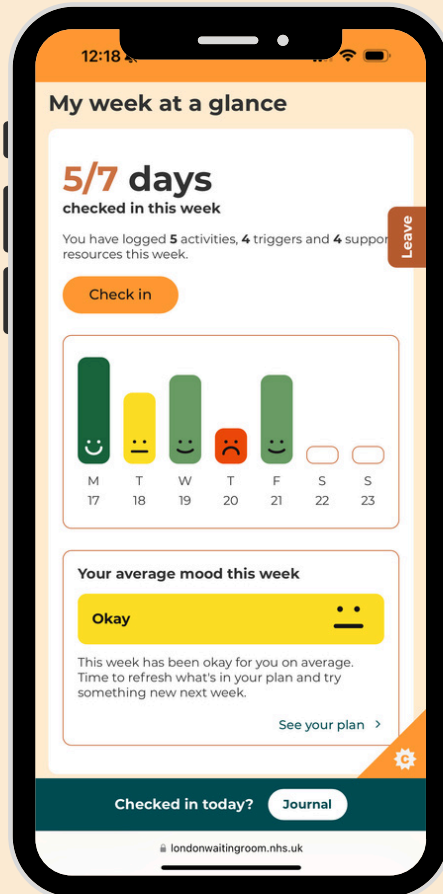


## Our New Site Has Launched!

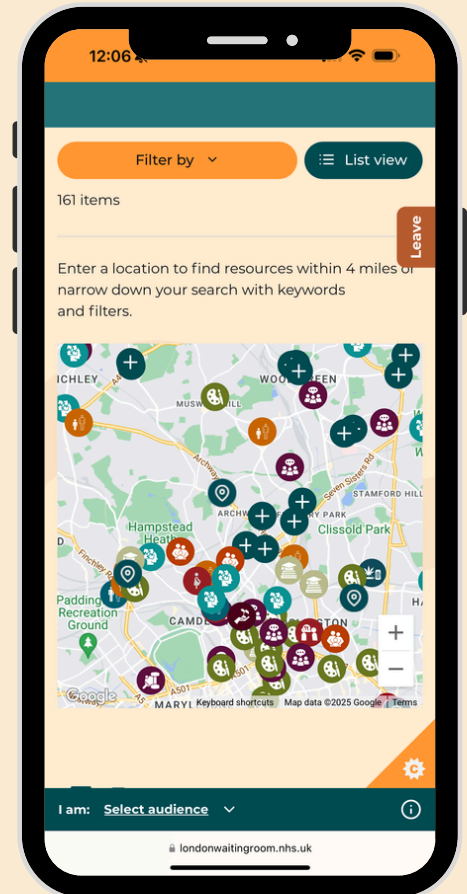
Designed by you, for you



An Audience Picker tool that allows you to personalise your content



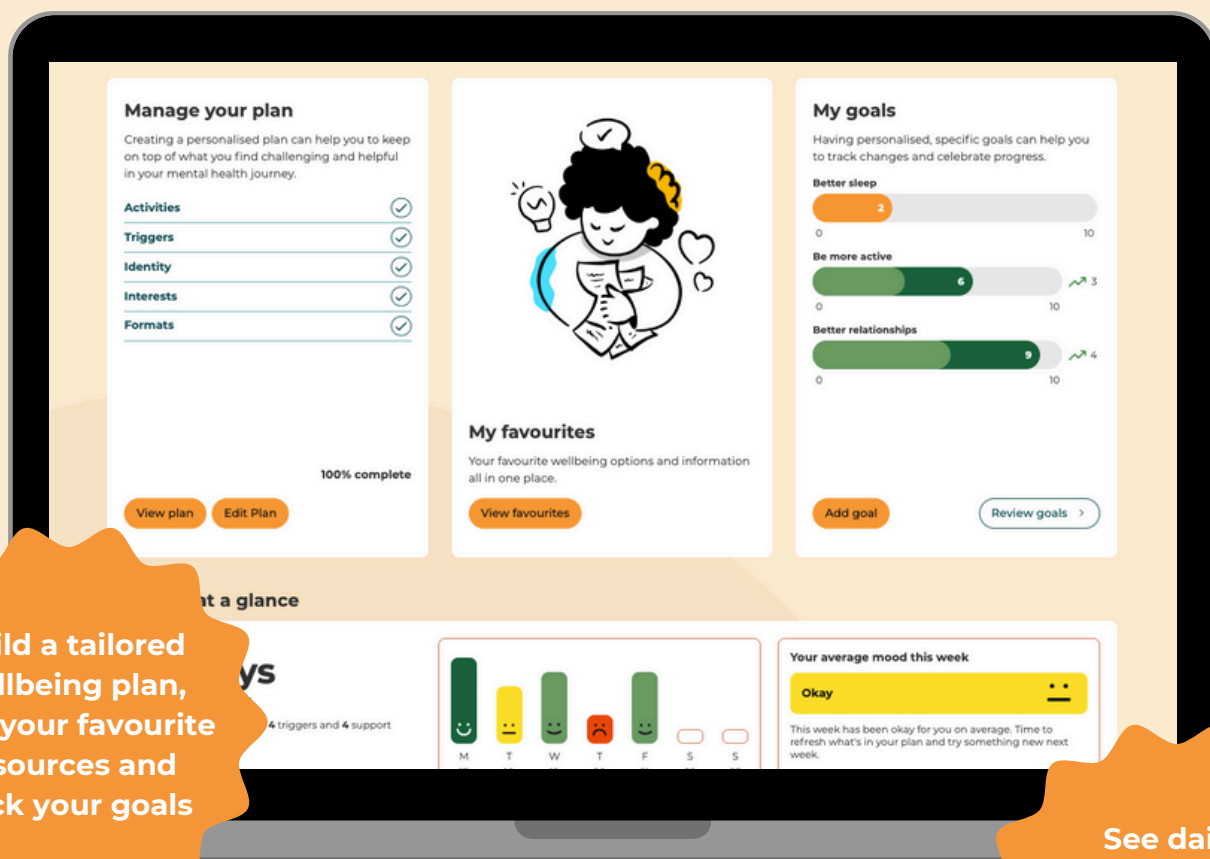
A new and improved Dashboard with goal tracking and tailored daily content



Enhanced Search and Map features to help you find what you need faster

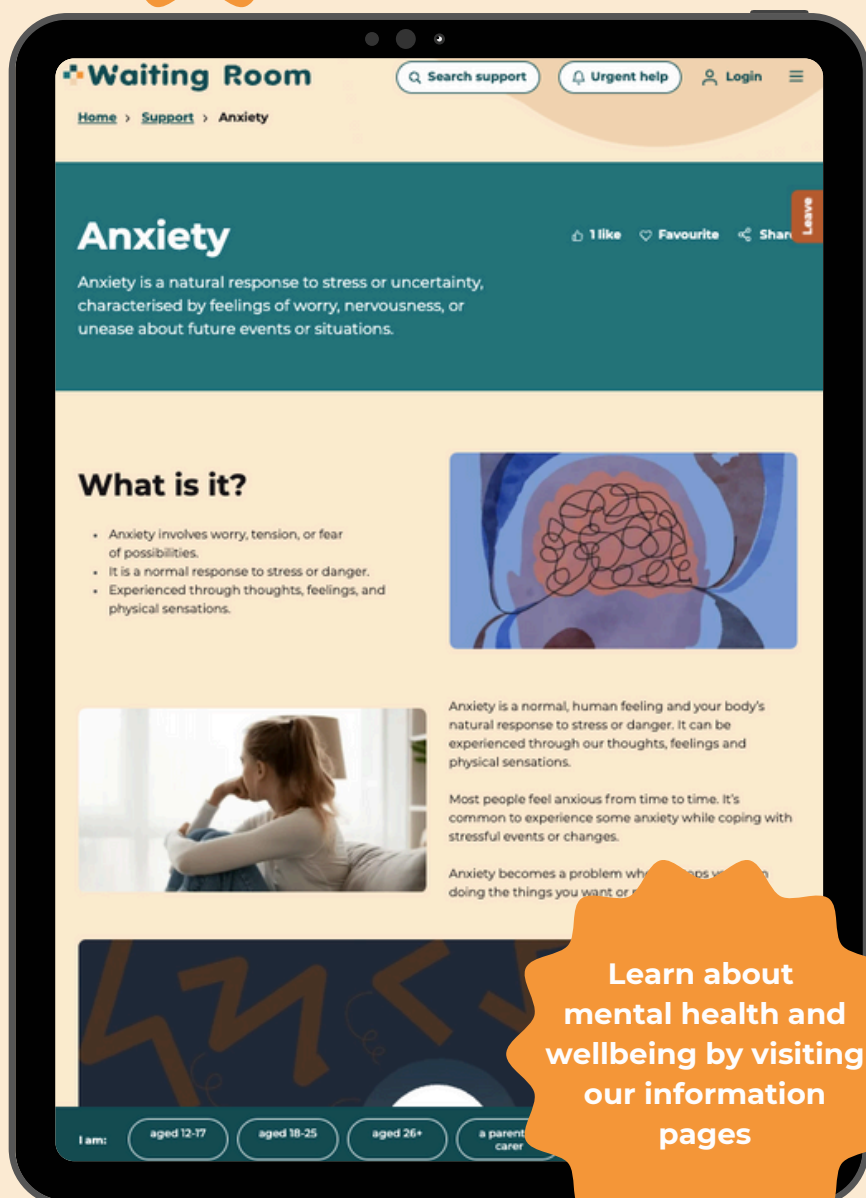
Create an account and get started today.





Build a tailored wellbeing plan, save your favourite resources and track your goals

See daily mental health and wellbeing updates personalised to you



Learn about mental health and wellbeing by visiting our information pages

