

# Freedom of Information Act 2000 disclosure log entry

## Reference

23-24275

## Date sent

19/10/23

## Subject

GIC Referrals 2017/18 to 2022/23,

## Details of enquiry

1. The total number of referrals to the adults clinic (broken down by GP referrals and self-referrals) for the financial (or calendar, whichever is easiest) years: 2017-18, 2018-19, 2019-20, 2020-21, 2021-22, 2022-23
2. The total number of referrals for each of those years broken down by age at time of referral and sex assigned at birth
3. The total number of referrals for each of those years with the number which then went on to be given therapy/counseling, the number which went on to be prescribed hormones and the number which went on to receive surgery - broken down by age at time of referral and sex assigned at birth

## Response Sent

1. The total number of referrals to the adults clinic (broken down by GP referrals and self-referrals) for the financial (or calendar, whichever is easiest) years: 2017-18, 2018-19, 2019-20, 2020-21, 2021-22, 2022-23

GIC Referrals by Source 2017/18 to 2022/23				
Financial Year	GP	Self	Other	Total
2017/18	2,411	591	41	3,043
2018/19	2,866	750	21	3,637
2019/20	2,578	836	4	3,418
2020/21	2,245	770	4	3,019
2021/22	3,285	758	54	4,097
2022/23	2,982	444	22	3,448

2. The total number of referrals for each of those years broken down by age at time of referral and sex assigned at birth

GIC Referrals by Age and Natal Gender 2017/18 to 2022/23					
		Natal Gender			Total
		Female	Male	Not Known	
2017/18	Up to 25	934	625	219	1,778
	26-30	138	168	73	379
	31-40	90	191	63	344
	41-50	44	168	48	260
	51-60	19	118	46	183
	61 and above	10	62	27	99
	<b>Grand Total 2017/18</b>	<b>1,235</b>	<b>1,332</b>	<b>476</b>	<b>3,043</b>

GIC Referrals by Age and Natal Gender 2017/18 to 2022/23					
		Natal Gender			Total
		Female	Male	Not Known	
2018/19	Up to 25	1,218	862	252	2,332
	26-30	170	205	56	431
	31-40	114	195	52	361
	41-50	49	161	37	247
	51-60	24	127	24	175
	61 and above	7	66	18	91
	<b>Grand Total 2018/19</b>	<b>1,582</b>	<b>1,616</b>	<b>439</b>	<b>3,637</b>
2019/20	Up to 25	1,104	826	351	2,281
	26-30	129	163	100	392
	31-40	103	161	71	335
	41-50	34	121	45	200
	51-60	11	102	20	133
	61 and above	8	50	19	77
	<b>Grand Total 2019/20</b>	<b>1,389</b>	<b>1,423</b>	<b>606</b>	<b>3,418</b>
2020/21	Up to 25	813	614	599	2,026
	26-30	101	115	177	393
	31-40	63	117	155	335
	41-50	22	59	61	142
	51-60	8	41	33	82
	61 and above	1	20	20	41
	<b>Grand Total 2020/21</b>	<b>1,008</b>	<b>966</b>	<b>1,045</b>	<b>3,019</b>
2021/22	Up to 25	1,412	1,124	175	2,711
	26-30	241	292	43	576
	31-40	140	248	54	442
	41-50	50	125	22	197
	51-60	25	92	15	132
	61 and above	4	29	6	39
	<b>Grand Total 2021/22</b>	<b>1,872</b>	<b>1,910</b>	<b>315</b>	<b>4,097</b>
2022/23	Up to 25	1,150	896	234	2,280
	26-30	194	245	56	495
	31-40	118	193	51	362
	41-50	45	100	16	161
	51-60	18	77	13	108
	61 and above	2	27	13	42
	<b>Grand Total 2022/23</b>	<b>1,527</b>	<b>1,538</b>	<b>383</b>	<b>3,448</b>

3. The total number of referrals for each of those years with the number which then went on to be given therapy/counseling, the number which went on to be prescribed hormones and the number which went on to receive surgery - broken down by age at time of referral and sex assigned at birth
  - a. be given therapy/counseling, broken down by age at time of referral and sex assigned at birth  
Our response to this question is multi-faceted, this is because the GIC is only now seeing patients who were referred in 2018 and who joined the waiting list in 2018, which is the start of the data range for this request.

Please visit our website at [Waiting times - Gender Identity Clinic – GIC](#) , where you will see that we regularly post the evolving waiting list position, and the referral month/year of patients being seen for a first appointment.

Patients on our waiting list do not have any type of appointments with GIC clinicians during their wait, though they are signposted to local services for emergency situations.

Following a first appointment, some patients may go on to join the waiting list for Counselling/Psychotherapy sessions as there is an internal GIC waiting list for Counselling/Psychotherapy sessions too.

It is extremely unlikely that someone referred to the GIC in a particular year would have been seen by the GIC in the same year, and also had Counselling/Psychotherapy within that same year. We actually see a great many patients for Counselling/Psychotherapy each year, but they would have been referred to the GIC in previous years.

Please note that the GIC does not hold data on patients receiving psychology input from other providers situated more locally to the patients abode.

Should you wish to redefine the scope of this question, then the Trust would treat any reformulated request we receive as a fresh FOI request and we may be able to help you further, for example, of those who completed treatment with the GIC in 2017/18-2022/2023 how many also had Counselling/Psychotherapy at the GIC and the month/year of their initial referral to the GIC, though it is to be noted that some of this data may not be complete if these appointments occurred prior to April 2017, which was when the service transferred from the West London NHS Mental Health Trust (WLMHT) to the Tavistock & Portman NHS Foundation Trust, as that data would reside with WLMHT, whose Freedom of Information Team can be reached via [foi@wlmht.nhs.uk](mailto:foi@wlmht.nhs.uk)

3a: No. of Patients who attended any appt recorded as 'GIC: Counselling Psychology' Reported by Referral Received Date, 2017/18 to 2022/23					
		Natal Gender			Total
		Female	Male	Not Known	
2017/18	Up to 25	62	88	1	151
	26-30	11	31		42
	31-40	7	28		35
	41-50	5	33	2	40
	51-60	2	12	3	17
	61 and above		8		8
	<b>Grand Total for 2017/18</b>		<b>87</b>	<b>200</b>	<b>6</b>

3a: No. of Patients who attended any appt recorded as 'GIC: Counselling Psychology' Reported by Referral Received Date, 2017/18 to 2022/23					
2018/19	Up to 25	28	49	3	80
	26-30	7	7		14
	31-40	3	10	1	14
	41-50	3	14	1	18
	51-60	1	7		8
	61 and above		3	1	4
	<b>Grand Total for 2018/19</b>	<b>42</b>	<b>90</b>	<b>6</b>	<b>138</b>

2019/20	Up to 25	7	14		21
	26-30	1	2		3
	31-40				0
	41-50		1		1
	51-60		1		1
	61 and above		2		2
	<b>Grand Total for 2019/20</b>	<b>8</b>	<b>20</b>	<b>0</b>	<b>28</b>

2020/21	Up to 25	2			2
	26-30		1		1
	31-40				0
	41-50				0
	51-60				0
	61 and above				0
	<b>Grand Total for 2020/21</b>	<b>2</b>	<b>1</b>	<b>0</b>	<b>3</b>

2021/22	Up to 25				0
	26-30				0
	31-40				0
	41-50				0
	51-60				0
	61 and above	1			1
	<b>Grand Total for 2021/22</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>1</b>

2022/23	Up to 25				0
	26-30				0
	31-40				0
	41-50				0
	51-60				0
	61 and above				0
	<b>Grand Total for 2022/23</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

- b. the number which went on to be prescribed hormones, broken down by age at time of referral and sex assigned at birth

**Note: attendance at an Endocrine appointment does not in itself indicate that a patient has been prescribed hormones.**

3b: No. of Patients who attended any appt recorded as 'GIC: Endocrine' Reported by Referral Received Date					
		Natal Gender			Total
		Female	Male	Not Known	
2017/18	Up to 25	120	61	2	183
	26-30	20	22	1	43
	31-40	16	28	1	45
	41-50	9	27		36
	51-60		23		23
	61 and above	1	6	1	8
	<b>Grand Total for 2022/23</b>		<b>166</b>	<b>167</b>	<b>5</b>

2018/19	Up to 25	58	28	2	88
	26-30	5	7		12
	31-40	4	11	1	16
	41-50	2	10	1	13
	51-60	2	6	1	9
	61 and above		4	1	5
	<b>Grand Total for 2018/19</b>		<b>71</b>	<b>66</b>	<b>6</b>

2019/20	Up to 25	30	13	1	44
	26-30	2	3	1	6
	31-40	3	1		4
	41-50	1		1	2
	51-60				0
	61 and above	1		1	2
	<b>Grand Total for 2019/20</b>		<b>37</b>	<b>17</b>	<b>4</b>

2020/21	Up to 25	10	3		13
	26-30	1	2	1	4
	31-40		1		1
	41-50				0
	51-60		2		2
	61 and above				0
	<b>Grand Total for 2020/21</b>		<b>11</b>	<b>8</b>	<b>1</b>

3b: No. of Patients who attended any appt recorded as 'GIC: Endocrine' Reported by Referral Received Date					
		Natal Gender			Total
		Female	Male	Not Known	
2021/22	Up to 25	4			4
	26-30	1	1		2
	31-40	1	1	1	3
	41-50				0
	51-60		2		2
	61 and above	1			1
	<b>Grand Total for 2021/22</b>		<b>7</b>	<b>4</b>	<b>1</b>

2022/23	Up to 25				0
	26-30				0
	31-40				0
	41-50				0
	51-60				0
	61 and above				0
	<b>Grand Total for 2022/23</b>		<b>0</b>	<b>0</b>	<b>0</b>

- c. the number which went on to receive surgery - broken down by age at time of referral and sex assigned at birth

We confirm that this data is held by the Tavistock and Portman NHS Foundation Trust in the form of a letter from the surgical unit confirming that they had operated on the patient and stating their post-surgical state. Once the letter is filed, the patient is discharged, though some do return for additional counselling support, usually within a group setting. These letters are held on individual patient files and cannot be collated through an automated process. Obtaining the information requested would therefore require a manual search of thousands of files covering all discharged patients since 2017 as well as current patients. Searching each patient file would take 20 minutes.

Section 12 of the Freedom of Information Act makes provision for NHS organisations to refuse requests for information where the cost of processing (which includes determining whether the Trust holds the information, locating, and then extracting it) exceeds £450, or 18 hours of work from one member of staff.

The time required to process this question is outside this limit, and is therefore refused according to the provision in the Freedom of Information Act 2000.