**GP/HEALTHCARE PROFESSIONAL Referral to the Adult Gender Identity Clinic**

**Please note: We do not accept under 17 years 9 months and private referrals.**

**If the patient is currently receiving treatment from another NHS GIC service, please contact the service to request a transfer to us**.

If you are a GP or another health professional and you would like to refer a patient to the Gender Identity Clinic, please complete the referral form and refer using the **Electronic Referral Service (ERS) portal**

**Please do not send blood work with the referral form.**

**Breast augmentation, thyroid chondroplasty (tracheal shave) or cricothyroid approximation (vocal pitch) surgery are not currently funded by NHS England Specialist Commissioning.**

***Fields marked with an asterisk \* are required to be completed. Incomplete referral forms will be rejected.***

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| --- | --- | --- |
| **Date of referral \*** |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Patient Details** | | | | |
| **Full legal name \*** |  | | **Sex assigned at birth \*** |  |
| **Preferred name (if different)** |  | | **Date Of Birth \*** |  |
| **Address \*** |  | | **NHS Number \*** |  |
| **Patient email (only the patient’s email address) \*** |  | | **Patient mobile number (or reason for not disclosing) \*** |  |
| **Interpreter Required? If so which language? \*** |  | |  |  |
| **Does the patient have any other communication support needs? \*** |  | | **If yes, please give more information** |  |
| **Patient agreed forms of communication** (please tick)\* | Email  Text (SMS)  Post  Phone | | **Patient Ethnic origin\*** |  |
| **Can the patient attend the clinic independently \*** |  | | **If no, please give more information** |  |
| **Has patient been seen at this GIC previously? \*** | **Yes** | **No** |

**Primary reason for referral (Please tick one)**

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| --- | --- | --- | --- |
| **Assessment & Treatment (complete Section 1)** | | **Yes** | **No** |
| **Advice** | **Endocrine (complete Section 2)** | **Yes** | **No** |
| **Other (please specify in Section 3 )** | **Yes** | **No** |

|  |  |  |  |
| --- | --- | --- | --- |
| **GP Details** | | | |
| **GP Name, Practice and Address** \* |  | **GP Telephone** \* |  |
| **GP E-mail** \* |  |

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| **Referrers Details** *only if the referrer is* ***not*** *the patient’s GP* | | | |
| **Referrer Name and job title** \* |  | **Referrer Address\*** |  |
| \* **Referrer E-mail** \* |  | **Referrer Telephone** \* |  |

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| **Detailed reason for referral \*** |
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| **Medical history \*** |
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**SECTION 1**

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| **Current medications (prescribed and non-prescribed) including hormones, contraceptives and herbal medicines** | | | |
| **Name** | **Dose** | **Prescribed by/ obtained from** | **Duration** |
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**Physical Health Assessment**

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| **Height**  (metres) |  | **Weight (kg)** | |  | **BMI** |  | **Blood pressure:** |  |
| **Does the patient smoke** | | **Yes** | **No** | | **Amount per week:** | | | |
| **Alcohol consumption?** | | **Yes** | **No** | | **Amount per week:** | | | |
| **Recreational drug use?** | | **Yes** | **No** | | **Amount per week:** | | | |

**MENTAL HEALTH**

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| **Mental health background including current and historical risk and any substance misuse** |
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**FORENSIC HISTORY**

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| **Forensic history (including index offense, previous and current convictions, length of sentence, length of license, probation details, mental health section, responsible clinician contact details etc.)** |
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**Please include the following:**

**Printout of the GP medical summary, including current medications**

**Relevant reports and assessments for physical/mental health/forensic**

**(e.g. ASD assessment report, mental health diagnostic report, etc.)**

**Reports from other gender healthcare providers if applicable**

**Risk assessments and management plans if applicable**

**SECTION 2**

**ADVICE**

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| **Please state advice required** |
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| **Any other relevant information or comments** |
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**SECTION 3**

**OTHER**

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| **Do you have any access requirements you would like to make us aware of? Please specify below** |
|  |
| **Any other relevant information or comments** |
|  |

If the patient is under 17 years 9 months old, Arden and Greater East Midlands Commissioning Support Unit (Arden & GEM CSU) on behalf of NHS England can be contacted at [agem.CYP-GD@nhs.net](mailto:agem.CYP-GD@nhs.net)