

## Freedom of Information Act 2000 disclosure log entry

### Reference

21-22299

### Date sent

24/05/22

### Subject

GIDS: Reasons for non referrals to Endocrinology clinic

### Details of enquiry

You say, 'There are a number of reasons why young people may not be referred to the endocrine clinic.'

Would you now be so kind as to give me some examples of the reasons why young people may not be referred from GIDS to the endocrine clinic.

### Response sent

Your request for information has been handled under the FOI Act 2000.

The Trust's response is as follows:

Every young person who is supported at GIDS is an individual, and is treated on a case-by-case basis. Decisions to pursue or not pursue a referral to endocrinology are frequently multifactorial.

There are a number of reasons why young people may not be referred to endocrinology clinic, and where no referral happens this non-event would not be recorded. Examples of why a young person might not be referred to endocrinology are listed below:

Please note that the following list is not intended as an exhaustive or comprehensive list, its purpose is to offer examples of why some GIDS patients are not referred on to endocrinology clinics, as per your request.

- The family moves to another country and joins a different healthcare system
- The young person turns 18 before completing their assessment with the psychosocial arm of GIDS
- Their gender dysphoria alleviates over the course of psycho-social assessment at GIDS
- The young person decides to concentrate on exploring issues relating to co-occurring difficulties before considering a possible referral to the endocrine team

- The young person continues to experience gender dysphoria but does not believe that physical interventions are the right choice for them