

Freedom of Information Act 2000 disclosure log entry

Reference

21-22178

Date sent

15/11/21

Subject

CAMHS Referrals and appointments

Details of enquiry

I would like to request the following information under the Freedom of Information Act.

1. How many referrals to CAMHS services has there been since 2018/19? Please can this be broken down by year and broken down into those being referred to mental health services, and those referred for autism or learning difficulties?

2. What percentage of referrals to CAMHS services have been rejected or deemed inappropriate for each financial year since 2018/19?

Please tick the reasons for refusal:

- a. Condition not serious enough to meet threshold for access to service
- b. Duration of condition not long enough (please state if you have a specific time limit)
- c. Condition or situation not suitable for CAMHS service intervention (eg child does not have a diagnosable mental health condition)
- d. Service lacks capacity to support the patient at this time
- e. Existence of co-morbidity which excludes support from your service (eg substance misuse)
- f. Young person above 18
- g. Other (please state)

2. What is your maximum waiting time in days for CAMHS from a) referral to first appointment and b) referral to start of treatment since 2018/19 and for each year after that?

3. What is your median waiting time in days for CAMHS from a) referral to first appointment and b) referral to start of treatment since 2018/19 and for each year after that?

If you collect the above information in weeks please could you state whether your measure of a week is equivalent to seven days? If you collect the information in months, please could you state the number of days in each month?

Please can this be broken down by the length of waiting time. I.e for each year can you please give the figure of how many were waiting 0 – 2 weeks, 2 – 4 weeks, 4 – 6 weeks, 6 – 8 weeks, 8 – 10 weeks, and 10 weeks or more.

4. Do you wish to make any further comments on the issue of rejected referrals to children’s mental health services and overall waiting times for children accessing mental health services?

Response sent

Thank you for your request for information which has been handled under the Freedom of Information Act.

Please find below data in response to your questions. Please note that our CAMHS services are for children and young people up to age 25.

1. How many referrals to CAMHS services has there been since 2018/19? Please can this be broken down by year and broken down into those being referred to mental health services, and those referred for autism or learning difficulties?

	CAMHS	ASC & ASD
2018/19	2685	82
2019/20	2982	102
2020/21	2473	84
2021/22 (until 1 st Nov 2021)	1751	59

2. What percentage of referrals to CAMHS services have been rejected or deemed inappropriate for each financial year since 2018/19?

	CAMHS	ASC & ASD
2018/19	<1%	0%
2019/20	<1%	0%
2020/21	1.4%	0%
2021/22 (until 1 st Nov 2021)	1.8%	0%

Please tick the reasons for refusal:

- a. Condition not serious enough to meet threshold for access to service
- b. Duration of condition not long enough (please state if you have a specific time limit)
- c. Condition or situation not suitable for CAMHS service intervention (eg child does not have a diagnosable mental health condition)
- d. Service lacks capacity to support the patient at this time
- e. Existence of co-morbidity which excludes support from your service (eg substance misuse)
- f. Young person above 18
- g. Other (please state) *inappropriate referral, incomplete referral, young person over 25*

2. What is your maximum waiting time in days for CAMHS from a) referral to first appointment and b) referral to start of treatment since 2018/19 and for each year after that?

The longest waits are often where there has been difficulty engaging young people and their families

	Referral to 1 st appointment	Referral to Treatment
2018/19	193 days	231 days
2019/20	289 days	455 days
2020/21	263 days	311 days

3. What is your median waiting time in days for CAMHS from a) referral to first appointment and b) referral to start of treatment since 2018/19 and for each year after that?

	Referral to 1 st appointment	Referral to Treatment
2018/19	39	84
2019/20	32	76
2020/21	27	60
2021/22 (until 1 st Nov 2021)	21	42