

## Freedom of Information Act 2000 disclosure log entry

### Reference

21-22171

### Date sent

24/11/2021

### Subject

Anxiety Referrals and Waiting Times 2019-21

### Details of enquiry

- 1) How many patients were referred to the Trust for anxiety in 2019, 2020 and 2021?  
Can the data be categorised by month please?
- 2) What are the three most common causes of anxiety reported by patients?
- 3) Does the Trust offer a form of talking therapy for patients with anxiety? If yes, can you provide details and if these are face to face sessions?
- 4) What is the current waiting time between referral and first assessment for anxiety patients?

## Response sent

- 1) How many patients were referred to the Trust for anxiety in 2019, 2020 and 2021?  
Can the data be categorised by month please?  
This data is provided in the table below

**Referrals for Anxiety: Jan 2019 to Nov 2021**

Service By Year	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Grand Total
<b>Adolescents</b>	<b>32</b>	<b>52</b>	<b>48</b>	<b>63</b>	<b>49</b>	<b>46</b>	<b>43</b>	<b>31</b>	<b>36</b>	<b>30</b>	<b>39</b>	<b>13</b>	<b>482</b>
2019	16	26	26	35	26	23	25	22	17	19	20	9	264
2020	15	19	13	12	12	15	9	5	10	8	10	4	132
2021	1	7	9	16	11	8	9	4	9	3	9		86
<b>Adults</b>	<b>20</b>	<b>18</b>	<b>18</b>	<b>17</b>	<b>18</b>	<b>20</b>	<b>24</b>	<b>18</b>	<b>13</b>	<b>13</b>	<b>9</b>	<b>10</b>	<b>198</b>
2019	11	7	5	9	3	10	3	7	6	5	4	3	73
2020	4	2	6	2	6	5	7	6	5	3	4	7	57
2021	5	9	7	6	9	5	14	5	2	5	1		68
<b>CAMHS</b>	<b>137</b>	<b>118</b>	<b>163</b>	<b>113</b>	<b>218</b>	<b>204</b>	<b>133</b>	<b>88</b>	<b>171</b>	<b>190</b>	<b>171</b>	<b>86</b>	<b>1792</b>
2019	36	43	55	43	48	81	69	54	74	85	76	45	709
2020	73	55	55	17	33	96	94	29	66	56	71	57	702
2021	58	55	84	66	184	106	95	36	65	69	68	0	886
<b>PCPCS City and Hackney</b>	<b>46</b>	<b>62</b>	<b>53</b>	<b>38</b>	<b>36</b>	<b>53</b>	<b>41</b>	<b>47</b>	<b>49</b>	<b>58</b>	<b>41</b>	<b>34</b>	<b>558</b>
2019	10	14	18	18	15	20	19	22	25	20	18	22	221
2020	20	28	14	6	5	16	13	12	8	18	16	12	168
2021	16	20	21	14	16	17	9	13	16	20	7		169
<b>Grand Total</b>	<b>265</b>	<b>285</b>	<b>313</b>	<b>244</b>	<b>368</b>	<b>402</b>	<b>366</b>	<b>215</b>	<b>303</b>	<b>311</b>	<b>304</b>	<b>159</b>	<b>3535</b>

- 2) What are the three most common causes of anxiety reported by patients?  
We do not hold this information in a structured field from which we can extract the data.
- 3) Does the Trust offer a form of talking therapy for patients with anxiety? If yes, can you provide details and if these are face to face sessions?  
Please see the Trust's website <https://tavistockandportman.nhs.uk/> for further details of our talking therapies, which are provided predominantly via fact-to-face appointments.
- 4) What is the current waiting time between referral and first assessment for anxiety patients?

<b>Adolescents</b>	<b>26 Days</b>
<b>Adults</b>	<b>24 Days</b>
<b>CAMHS</b>	<b>70 Days</b>
<b>PCPCS City and Hackney</b>	<b>57 Days</b>