

Freedom of Information Act 2000 disclosure log entry

Reference

19-20427

Date sent

04/06/2020

Subject

Mental Health Trust (Patient) Population January to December 2019

Details of enquiry

Could I please ask you to provide the following information in electronic format for your Mental Health Trust:

1. The size of the MHT population or number of service users
2. The number of in patient beds that are available for patients with a primary diagnosis of Depression within each MHT?
3. Is there a specialist Treatment Resistant Depression pathway within the Trust?
4. The number of patients with a diagnosis ICD 10 codes of F31, F32 and F33 that are being cared for intermediate services (such as home based treatments, crisis team and step up/step down services)

Response Sent

1. The size of the MHT population or number of service users
11,535 individual service users seen across this trust in 2019, plus a small number of others seen at an offsite service for which their clinical data is not held by us, but by another Trust.
2. The number of in patient beds that are available for patients with a primary diagnosis of Depression within each MHT?
Not applicable, the Tavistock and Portman NHS Foundation Trust only provides outpatient psychotherapy services within a day clinic environment.
3. Is there a specialist Treatment Resistant Depression Pathway within the Trust?
The Trust does not diagnose, nor does it have a specific pathway documented for TRD, however we do work with adults suffering this condition as part of an their overall mental health presentation. Decisions as to treatment offered are based on our assessment and delivered at either our Adult Complex Needs Unit and/or our specialist Fitzjohns Unit, where a majority of patients seen were previously under the care of secondary psychiatric services elsewhere, such as a crisis team, a community mental health team (CMHT), a recovery centre, or an eating disorder service.
4. The number of patients with a diagnosis ICD 10 codes of F31, F32 and F33 that are being cared for intermediate services (such as home based treatments, crisis team and step up/step down services)
Not applicable, the Tavistock and Portman NHS Foundation Trust does not provide such intermediate services; we provide only outpatient psychotherapy services within a day clinic environment.