

Freedom of Information Act 2000 disclosure log entry

Reference

19-20408

Date sent

10/06/2020

Subject

GIDS/GIC Aftercare following Hormone Treatment &/or Gender Transition

Details of enquiry

1. Can you describe the step-by-step process for the aftercare received by trans patients following Hormone Replacement Therapy and/or gender transition surgery?
2. How many trans patients are referred for counselling or mental health services during or following accessing gender identity services for the years 2017 - 2019?
3. How many trans patients have died from suicide after accessing your gender identity services in years 2017 - 2019?

Response Sent

1. Can you describe the step-by-step process for the aftercare received by trans patients following Hormone Replacement Therapy and/or gender transition surgery?
For the Gender Identity Clinic (GIC), which sees adults: aftercare is bespoke for the individual patient and is assessed and planned by relevant clinicians. There is no step-by-step process.
For the Gender Identity Development Service (GIDS) which sees young people up to the age of 18: please note that only a minority of the young people referred to our service are prescribed 'hormone replacement therapy'. These are prescribed through our associated endocrine clinics at UCLH and LGI. Aftercare will be bespoke to each patient and will be planned by the relevant clinic. There is therefore no step-by-step process.
2. How many trans patients are referred for counselling or mental health services during or following accessing gender identity services for the years 2017 - 2019?
For the GIC: please see below for counselling and psychotherapy referrals figures for the years 2017 – 2019:
2017: 194
2018: 399
2019: 251

For GIDS: all young people being seen in our service are supported by psycho-social professionals throughout their time us, whether or not they liaise with the endocrine clinic at any point.

3. How many trans patients have died from suicide after accessing your gender identity services in years 2017 - 2019? Please send the information in either PDF or Excel formats.

For the GIC:

2017:	0
2018:	1
2019	1

For GIDS: We do not have any young people who are confirmed as identifying as trans and who have died by suicide in the years between 2017 and 2019. However, we would like to highlight that we do not always receive timely or complete information on both how a young person identifies or information of their death once they have left our service