

Freedom of Information Act 2000 disclosure log entry

Reference

19-20360

Date sent

12/03/2020

Subject

GIDS Talking Therapy and Prescription

Details of enquiry

Please may I have data from the past 10 years for each of these criteria

1. For the past 10 years, the number of children offered 'talking therapy' by Gender Identity Development Service after first referral and initial assessment by GIDS
2. For the past 10 years, the number of children offered hormone blockers as a result of this assessment
3. For the past 10 years the number of days between first referral and prescription of hormone blockers by GIDS
4. For the past 10 years the number of 16-18 year olds who have been offered partially reversible interventions (cross-sex hormones)
5. For the past 10 years the number of days between first referral, prescription of hormone blockers and prescription of cross-sex hormones
6. For the past 10 years the number of children prescribed with hormone blockers who do not proceed to further treatment
7. For the past 10 years the number of children (under 18) offered gamete storage and their respective age at time

Response Sent

1. For the past 10 years, the number of children offered 'talking therapy' by Gender Identity Development Service after first referral and initial assessment by GIDS
After the assessment process, all young people referred to GIDS who remain in the service continue to be offered psychosocial support.
2. For the past 10 years, the number of children offered hormone blockers as a result of this assessment
The Tavistock and Portman NHS Foundation Trust does not prescribe puberty blockers or any other medication linked to the treatment of young people presenting to GIDS. Prescribing is the domain of endocrinologists who are employed by other NHS Trusts. There are a number of arrangements for prescription of the blockers, which are most often administered locally.

We confirm that this information is held by the Tavistock and Portman NHS Foundation Trust, but that the cost of collating the data would exceed the appropriate limit that is provided within the Freedom of Information Act 2000. The Trust is therefore not obliged to respond to this question and so will not be processing it further. Please see below for more information about the costing of answering your request.

- The data is held within individual patient files.

- We cannot automate its collation, as the patient records system we use does not have a dedicated field for this data.
- We estimate that it will take 20 minutes per patient file to identify and extract the data for collation into a report.
- To search the thousands of patient files necessary to supply an answer would therefore take at least 500 hours of staff time.
- Section 12 of the freedom of information act allows a public authority to refuse to deal with a request where it estimates that it would exceed the appropriate limit to comply with the request. The appropriate limit in the NHS is currently £450 or 18 hours of staff work at the standard rate of £25 per hour.

If you wish to narrow the scope of this question, then we will treat any new question as a fresh FOI request, and we may be able to help you further.

3. For the past 10 years, the number of days between first referral and prescription of hormone blockers by GIDS

The Tavistock and Portman NHS FT does not prescribe puberty blockers or any other medication linked to the treatment of young people presenting to GIDS – this is the domain of endocrinologists who are employed by other NHS Trusts. There are a number of arrangements for prescription of the blockers, which are most often administered locally, and we therefore do not have a specific dates on which treatment commenced for all patients.

4. For the past 10 years, the number of 16-18 year olds who have been offered partially reversible interventions (cross-sex hormones)

We confirm that this information is held by the Tavistock and Portman NHS Foundation Trust, but that the cost of collating the data would exceed the appropriate limit that is provided within the Freedom of Information Act 2000. The Trust is therefore not obliged to respond to this question and so will not be processing it further. Please see below for more information about the costing of answering your request.

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If you wish to narrow the scope of this question, then we will treat any new question as a fresh FOI request, and we may be able to help you further.

5. For the past 10 years, the number of days between first referral, prescription of hormone blockers and prescription of cross-sex hormones

The Tavistock and Portman NHS FT does not prescribe puberty blockers or any other medication linked to the treatment of young people presenting to GIDS – this is the domain

of endocrinologists who are employed by other NHS Trusts. There are a number of arrangements for prescription of the blockers and cross-sex hormones, which are most often administered locally, and we therefore do not have a specific dates on which treatment commenced for all patients.

6. For the past 10 years, the number of children prescribed with hormone blockers who do not proceed to further treatment

We confirm that this information is held by the Tavistock and Portman NHS Foundation Trust, but that the cost of collating the data would exceed the appropriate limit that is provided within the Freedom of Information Act 2000. The Trust is therefore not obliged to respond to this question and so will not be processing it further. Please see below for more information about the costing of answering your request.

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If you wish to narrow the scope of this question, then we will treat any new question as a fresh FOI request, and we may be able to help you further.

7. For the past 10 years, the number of children (under 18) offered gamete storage and their respective age at time

Gamete storage is arranged and funded via local CCGs rather than through the GIDS at Tavistock and Portman NHS FT. We therefore do not hold that information.