

## Freedom of Information Act 2000 disclosure log entry

### Reference

19-20357

### Date sent

12/03/2020

### Subject

Detransition And Access To Puberty Blocker

### Details of enquiry

1. Does the Trust possess information that shows that its population chooses to detransition at a rate 'well less than 1%'?
2. If so, could the Trust kindly disclose this information?
3. Could the Trust kindly disclose what feedback it received that made it consider raising the minimum age at which puberty blockers were made available; or if not the feedback itself, any documentation that describes, summarises etc the feedback?
4. Could the Trust kindly disclose any documentation that describes or considers what period of delay the Trust was thinking that it should impose, in respect of the availability of puberty blockers?

### Response Sent

1. Does the Trust possess information that shows that its population chooses to detransition at a rate 'well less than 1%'?  
Research produced using data from the Trust appears in the poster 'Detransition rates in a large national gender identity clinic in the UK' is available here:  
<https://shop.bps.org.uk/publications/publication-by-series/counselling-psychology-review/counselling-psychology-review-vol-34-no-1-june-2019.html>
2. If so, could the Trust kindly disclose this information?  
Please see response to Q1 above.
3. Could the Trust kindly disclose what feedback it received that made it consider raising the minimum age at which puberty blockers were made available; or if not the feedback itself, any documentation that describes, summarises etc the feedback?  
Clinical experts involved in the care and support of young people experiencing distress around their gender are continuously discussing ways to improve on the services that we provide. They do so in a variety of settings. These discussions amongst professionals are not recorded.
4. Could the Trust kindly disclose any documentation that describes or considers what period of delay the Trust was thinking that it should impose, in respect of the availability of puberty blockers?  
Please see response to Q3 above.