

Freedom of Information Act 2000 disclosure log entry

Reference

18-19258

Date sent

25/10/19

Subject

Use of Restraints 2016-17 to 2018-19

Details of enquiry

please provide the following:

- The number of times that patients have been restrained while under the care of the Trust. May you please provide the figures per financial year for the following years: 2018/19, 2017/18 and 2016/17
- I.e in 2017/18, the Trust recorded 2,000 incidents of restraint used on patients
- The type of restraint used in each instance. May you please provide the figures per financial year for the following years: 2018/19, 2017/18 and 2016/17
- I.e in 2017/18, in total, the Trust recorded 2,000 incidents of restraint used on patients. Of the 2000 incidents, there were 200 instances of prone restraint whereby the individual was placed face-down onto a surface etc

Response Sent

The Tavistock and Portman NHS Foundation Trust is a specialist mental health Trust which provides outpatient psychotherapy services only, and does not practice the use of physical intervention/physical restraint on patients.

The Trust also runs a specialist day unit for pupils aged 6-14 years, Gloucester House School. The data provided below relates solely to Gloucester House School

There were no reported instances of physical restraint during 2018/19

Restrictive intervention/restraint at Gloucester House School

- a) Physical restraint
2016/17: 38 instances 2017/18: 33 instances
- b) Chemical restraint
2016/17: Zero instances 2017/18: Zero instances
- c) Mechanical restraint
2016/17: Zero instances 2017/18: Zero instances

Restrictive intervention/restraint at Gloucester House School which resulted in injury to the individual being restrained

- a) Physical restraint
2016/17: 1 instance 2017/18: 1 instance
- b) Chemical restraint
2016/17: Zero instances 2017/18: Zero instances
- c) Mechanical restraint
2016/17: Zero instances 2017/18: Zero instances