

Freedom of Information Act 2000 disclosure log entry

Reference

19-20071

Date sent

11/06/2019

Subject

The Date that 'Sex Changes' Began

Details of enquiry

Please can you confirm the year that 'so called' 'sex-changes' began.

Response Sent

Please can you confirm the year that 'so called' 'sex-changes' began.

1. We do not hold data concerning the date that 'sex changes' began, as this is beyond the scope of this Trust. Under FOIA 2000 regulations, all enquiries and our responses to those enquiries, must be limited to data held about the operation of our own organisation.
2. We can confirm when the Trust began offering Gender services, and that it operates two Gender Clinics:
 - a. **GIDS** The Gender Identity Development Service for Young People
 - b. **GIC** The Gender Identity Clinic for patients aged 17 years and over

- a. **GIDS:** **The Gender Identity Development Service (GIDS) is a highly specialised clinic for young people presenting with difficulties with their gender identity. Our service was established in 1989. The Leeds branch of the service opened in 2013.**

We are commissioned by NHS England who set the service specifications for how we work. This information can be reached by pasting the following link into an internet browser <https://www.england.nhs.uk/wp-content/uploads/2017/04/gender-development-service-children-adolescents.pdf>

Some people feel uncomfortable with the gender they were assigned at birth whilst others are unhappy with the gender role that society requires. We help our clients to explore their feelings and choose the path that best suits their ideals. We spend a lot of time engaging with clients to understand their thought

processes and to help them manage any uncertainties they may have and be understood.

No 'sex change' surgeries are accessible by under-18s in the NHS.

Further information about this service may be found by keying the following link into an internet browser: <http://gids.nhs.uk/about-us>

- b. **GIC:** Dating back to 1966, the GIC is the largest and oldest gender clinic in the UK. It has been hosted by this Trust since April 2017, and was previously part of the Central and NorthWest London Mental Health Trust. The GIC accepts referrals for patients aged 17 years and older onto its waiting list, but they will not be offered an appointment before their 18th birthday.

Further information about this service may be found online by keying the following link into an internet browser: <https://gic.nhs.uk/about-us/>