

## Freedom of Information Act 2000 disclosure log entry

### Reference

19-20067

### Date sent

28/5/19

### Subject

IAPT Services: Couples Depression Therapy

### Details of enquiry

1. Does Tavistock and Portman NHS Foundation Trust provide an IAPT service? Yes/No
2. If your answer to the first question was 'Yes', does this IAPT service currently offer Couple Therapy for Depression/Behavioural Couples Therapy? Yes/No.
3. If your answer to the second question was 'No', please would you state the reason(s) why the service does not offer this therapy.

### Response Sent

1. Does Tavistock and Portman NHS Foundation Trust provide an IAPT service?  
No
2. If your answer to the first question was 'Yes', does this IAPT service currently offer Couple Therapy for Depression/Behavioural Couples Therapy?  
Not applicable – please see response to Question 1 above
3. If your answer to the second question was 'No', please would you state the reason(s) why the service does not offer this therapy.  
Not applicable – please see response to Question 1 above