

Freedom of Information Act 2000 disclosure log entry

Reference

18-192007

Date sent

03/04/2019

Subject

Animal Assisted Therapy

Details of enquiry

1. Do you use any form of Animal-assisted Therapy within your Mental Health Trust?

Yes	No
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2. Is the AAT used primarily for patients with: (please tick the relevant box)

• Depression	
• Anxiety	
• Post Traumatic Stress Disorder?	
• Dementia	
• Other	

3. How many instances has AAT been used for each of the above in the last 5 years?

2018	
2017	
2016	
2015	
2014	

4. Do you have a standard operating procedure or protocol in place for AAT? If so, please provide a copy of this.

5. How much money is spent each year on AAT within your Mental Health Trust?

Has the Trust published any evaluation reports on the effectiveness of AAT? If so, please could you provide a copy.

Response Sent

The Tavistock and Portman NHS Foundation Trust does not use any form of animal-assisted therapy. We are a specialist mental health Trust which provides outpatient psychotherapy services only