

Freedom of Information Act 2000 disclosure log entry

Reference

18-19262

Date sent

15/3/19

Subject

Hormone Blocking Treatments

Details of enquiry

1. For each of the last five years, please provide the number of children referred for hormone blocking treatment broken down by a) age b) gender assigned at birth and c) region of the UK from which they were referred.
2. How many children as of today are currently receiving hormone blocking treatment? Please break down this total by a) age b) gender assigned at birth and b) region of the UK from which they were referred.

Response Sent

1. For each of the last five years, please provide the number of children referred for hormone blocking treatment broken down by a) age b) gender assigned at birth and c) region of the UK from which they were referred.

Not all young people attending the GIDS will be seen within the Endocrine liaison clinic. Following assessment in the GIDS in appropriate cases young people are referred to the endocrine clinic, most often for assessment for the hypothalamic blocker. In a very small number of cases referral will be for another reason such as general discussion about the blocker. The data we can supply is based on GIDS referrals to the endocrine liaison clinic, most of whom, but not all, will subsequently be prescribed the blocker. Further, when the blocker is prescribed the GP administers the treatment, so we do not hold accurate data regarding the actual start date of the blocker.

To respond to this question, we have used data from our Early Intervention treatment pathway, where young people are referred for assessment for suitability for hormone blocking treatment under the age of 15. Therefore the data below only reflects young people referred for assessment for suitability for hormone treatment under the age of 15 at time of referral to endocrinology. Those seen in endocrinology services as part of the Early Intervention treatment pathway have been broken down below by age, gender assigned at birth and NHS GIDS Location (London or Leeds).

*Please note – the year for referral to endocrinology clinic is not the same as the year of original referral to GIDS for psychosocial assessment, which precedes any referral for endocrinology.

*Please also note: 8 young people are excluded from the table below due to missing data.

Below are the numbers of young people who have had an appointment at the endocrinology early intervention liaison clinic following psycho-social assessment in GIDS. Please note the age column relates to the age at which they were originally referred to the GIDS service, not the age of referral to the endocrine team as this is the dataset we have in collatable form.

1a) The number of children referred for hormone blocking treatment broken down by age:

Calendar Year of Referral	Age Referred for assessment of suitability for hormone treatment (years)										
	5	6	7	8	9	10	11	12	13	14	Total
2018	0	3	4	9	7	7	13	13	6	0	62
2017	0	1	1	4	5	11	9	19	14	2	66
2016	1	0	1	2	8	16	14	15	17	1	75
2015	1	1	2	3	5	4	8	11	17	1	53
2014	0	2	6	1	5	5	2	12	13	0	46
Total	2	7	14	19	30	43	46	70	67	4	302

1b) The number of children referred for hormone blocking treatment broken down by gender assigned at birth

Calendar Year of Referral	Birth assigned gender, referred for assessment of suitability for hormone treatment	
	Birth Assigned Female	Birth Assigned Male
2018	36	26
2017	45	21
2016	47	28
2015	30	23
2014	29	17
Total	187	115

1c) The number of children referred for hormone blocking treatment broken down by the Region of the UK from which they were referred.

*This table includes young people being seen at the Leeds and London bases. We have excluded 5 young people as they are documented on our spreadsheet as being seen in either Northern Ireland or the Republic of Ireland.

Calendar Year of Referral	GIDS Base from which young people are referred for assessment of suitability for hormone treatment	
	GIDS London	GIDS Leeds
2018	35	27
2017	31	35
2016	54	20
2015	37	14
2014	34	10
Total	191	106

2. How many children as of today are currently receiving hormone blocking treatment? Please break down this total by a) age b) gender assigned at birth and b) region of the UK from which they were referred.

For this question we have looked at young people who are currently open to us and accessing hormone blocking treatment at the GIDS through the Early Intervention treatment pathway. Those who have been discharged from the service or who have stopped hormone blocking treatment have been excluded from analysis. *NB that these figures include those who are accessing hormone blocking treatment and those who are accessing CSHs (as they will still be receiving the hormone blocker). **NB: for the data below we had to exclude 8 young people from the analysis as they did not have a date entered for their date referred to Early Intervention.

2a) The number of children currently receiving hormone blocking treatment, broken down by age (at the time of their referral into GIDS)

Below are the numbers of young people who have consented for hormone blocking treatment at the endocrinology early intervention liaison clinic following psycho-social assessment at the GIDS. Please note the age column relates to the age at which they were referred to the GIDS service as this is the dataset we have in collatable form.

Young people who have consented for hormone blocking treatment at the endocrinology early intervention liaison clinic Broken down by their age at referral to the GIDS (years)											
Calendar Year of Referral	5	6	7	8	9	10	11	12	13	14	Total
2018	0	1	0	4	1	4	7	9	2	0	28
2017	0	0	1	3	3	9	5	16	10	2	49
2016	1	0	1	1	7	16	14	12	11	0	63
2015	1	1	2	2	4	3	6	10	13	1	43
2014	0	2	6	1	5	4	2	6	3	0	29
2013	0	1	1	2	2	4	1	3	1	0	15
2012	0	0	0	0	3	1	3	1	0	0	8
2011	0	0	0	0	2	0	2	0	0	0	4
Total	2	5	11	13	27	41	40	57	40	3	

2b) The number of children currently receiving hormone blocking treatment, broken down by gender assigned at birth

Young people currently receiving hormone blocking treatment, broken down by Birth Assigned Gender		
Calendar Year of Referral	Birth Assigned Female	Birth Assigned Male
2018	14	14
2017	36	13
2016	37	26
2015	19	24
2014	17	12
2013	4	11
2012	5	3
2011	2	3
Total	134	106

- 2c) The number of children currently receiving hormone blocking treatment, broken down by the region of the UK from which they were referred.

* This table includes young people being seen at the Leeds and London bases. We have excluded 5 young people as they are documented on our spreadsheet as being seen in either Northern Ireland or the Republic of Ireland. GIDS London = seen at the London base. GIDS Leeds = seen at the Leeds base. For some young people seen at the Leeds base, they may be attending either UCLH or LGI.

Calendar Year of Referral	Young people currently receiving hormone blocking treatment, broken down by location of GIDS Base	
	GIDS London	GIDS Leeds
2018	14	14
2017	19	30
2016	46	17
2015	31	12
2014	21	8
2013	11	4
2012	8	0
2011 (Apr 1 st – Dec 31 st)	4	0
Total	154	85