

## Freedom of Information Act 2000 disclosure log entry

### Reference

18-19218

### Date sent

07/11/2018

### Subject

Physical Intervention Training

### Details of enquiry

1. What system of physical intervention training / physical restraint system is taught to staff in your Trust e.g. in-house own system, MAPA/Maybo/GSA/WLMHT/SCIP/Respect/Peace etc.

Does the system include or teach staff the use of prone restraint?

2. How is this training system accredited/validated (internal/external agency)?
3. What system do you use to collect data on the use of restraint, prone restraint, supine restraint and seclusion e.g. Datix / Rio or other?

How do you check the accuracy of this data?

4. When recording and reporting the use of the prone position do you include **all** occasions when the person is in prone or do you apply **any** exclusion criteria – if exclusions are applied please provide information e.g. person held prone for less than a specific time, person had head turned to the side, person put themselves in that position, prone used in transition to another position / side / supine, prone used to give IMI, prone used to exit seclusion or any other?
5. Do you record the length of time an individual is held prone/supine/on side and the reasons for this?
6. For the following questions, please provide data for the financial years:

April 2014 - March 2015

April 2015 – March 2016

April 2016 – March 2017

April 2017 – March 2018

- i) Number of injuries caused by or occurring during a restraint to patients and to staff.
- ii) Severity and nature of injuries sustained to patients and was whether prone or supine position was used during the restraint.
- iii) Number of prone restraints broken down into the reasons given for the use of this position.
- iv) Number of times the Police have been called to restore order, transfer patient from ward to ward or to assist in relocating to seclusion.
- v) Number of injuries to patients following Police use of force (restraint) on Wards.
- vi) Number of times Tasers called for, aimed and or fired on In-patient Mental Health Wards.

## Response Sent

**PLEASE NOTE: Please note that the undertaking of physical intervention training/ physical restraint is not practiced Trust-wide, and is only in place at Gloucester House, the Trust Day Unit for pupils aged 6-14 years. All the following responses are given with reference to Gloucester House only, and do not apply to the rest of the Trust's services.**

1. What system of physical intervention training / physical restraint system is taught to staff in your Trust e.g. in-house own system, MAPA/Maybo/GSA/WLMHT/SCIP/Respect/Peace etc.  
At Gloucester House Day Unit for pupils aged 6-14 only– Staff are taught Team Teach, a basic 12 hour course  
  
Does the system include or teach staff the use of prone restraint?
  - i. The basic 12 hour course, described above does not include prone restraints.
  - ii. The on-site trainer is trained to advanced level. If a specific child has a risk level that necessitates the use of higher level restraint ( prone – front ground recovery) we train an appropriate number of staff to the advanced level.
  - iii. These staff are also required to hold first aid certificates. We are currently not using prone restraint with any of our pupils and we involve the network and develop a specific plan if we think we are going to need to use prone restraint with any of our pupils.
2. How is this training system accredited/validated (internal/external agency)?  
At Gloucester House Day Unit for pupils aged 6-14 only, the Deputy Head Teacher is an accredited advanced Team Teach instructor with external accreditation. Team Teach is accredited by The Institute of Conflict Management (ICM)
3. What system do you use to collect data on the use of restraint, prone restraint, supine restraint and seclusion e.g. Datix / Rio or other?  
At Gloucester House Day Unit for pupils aged 6-14 only:
  - i. We record all physical intervention through our internal system of day sheets (paper record) and using the trust's new online incident reporting system (bespoke computer based system developed for the trust).
  - ii. Any restraints are logged in a bound numbered book.
  - iii. Any injuries are recorded in accident book and through online incident reporting system .
  - iv. The bound log book requires staff to record injuries during restraint to pupil or staff.
  - v. If we have an individual identified as needing higher level of restraint, and staff trained to carry out prone restraint (front ground recovery) we also report to Team Teach about how often it is being used via a paper form, submitted half termly  
How do you check the accuracy of this data?  
Cross reference between different recording systems as part of our internal weekly monitoring system
4. When recording and reporting the use of the prone position do you include all occasions when the person is in prone or do you apply any exclusion criteria – if exclusions are applied please provide information e.g. person held prone for less than a specific time, person had head turned to the side, person put themselves in that position, prone used in transition to another position / side / supine, prone used to give IMI, prone used to exit seclusion or any other?  
At Gloucester House Day Unit for pupils aged 6-14 only we report/record all incidents
5. Do you record the length of time an individual is held prone/supine/on side and the reasons for this?  
At Gloucester House Day Unit for pupils aged 6-14 only - Yes

6. For the following questions, please provide data for the financial years:  
April 2014 - March 2015  
April 2015 – March 2016  
April 2016 – March 2017  
April 2017 – March 2018
- i. Number of injuries caused by or occurring during a restraint to patients and to staff.  
[This response refers to the Gloucester House Day Unit for pupils aged 6-14 where we have pupils, not patients\)](#)  
April 2014 - March 2015: 2 (pupils) 10 (staff)  
April 2015 – March 2016: 1 (pupil) 5 (staff)  
April 2016 – March 2017: 1 (pupil) 11 (staff)  
April 2017 – March 2018: 1 (pupil) 17 (staff)
  - ii. Severity and nature of injuries sustained to patients and was whether prone or supine position was used during the restraint.  
[At Gloucester House Day Unit for pupils aged 6-14, there were no injuries to pupils during prone restraint ; injuries to children were two wobbly teeth \(both 'baby' teeth\) from accidental knocks and one child banging head. None of the injuries were severe and needed only basic first aid treatment.](#)
  - iii. Number of prone restraints broken down into the reasons given for the use of this position.  
April 2014 - March 2015. 0  
April 2015 – March 2016. 0  
April 2016 – March 2017. 4 for high level violent attacks on staff. [We terminated the placement as we could not meet his needs in the setting](#)  
April 2017 – March 2018 0
  - iv. Number of times the Police have been called to restore order, transfer patient from ward to ward or to assist in relocating to seclusion.  
[With reference to the Gloucester House Day Unit for pupils aged 6-14 we do not collate this data in either electronic or manual form.](#)  
[We call the police very rarely. Probably once or twice a year at most. This is only for specific occasions when health and safety for other pupils compromised. The police normally talk to the pupil involved and then the parent comes to collect. Any incident such as this will be reported through our incident reporting structure](#)
  - v. Number of injuries to patients following Police use of force (restraint) on Wards N/A  
0
  - vi. Number of times Tasers called for, aimed and or fired on In-patient Mental Health Wards. [Not applicable to this Trust.](#)