

Freedom of Information Act 2000 disclosure log entry

Reference

18-19201

Date sent

26/10/2018

Subject

South Derbyshire CAMHS Patients & Referral Data

Details of enquiry

1. How many patients in your service are South Derbyshire patients?
2. What percentage of these patients had been referred from CAMHS/general adult/GP services etc, and what were the ages at which they were referred?
3. Do you have a preferred route of referral, such as via CAMHS?
4. How has the incidence of patients with gender dysphoria referred to you changed over the last 10 years?

Response Sent

1. How many patients in your service are South Derbyshire patients?
We have classified South Derbyshire, as patients who are registered with GPs in Southern Derbyshire CCG.
As of 5th October 2018 there are 30 service users open to our service from Southern Derbyshire CCG, and 12 who are in the referral stage awaiting treatment.
2. What percentage of these patients had been referred from CAMHS/general adult/GP services etc, and what were the ages at which they were referred?
We see young people up to the age of 18 years. Of 42 young people being seen or waiting to be seen:
 - i. 67% were referred by their GP – average age at time of referral was 14.83 years
 - ii. 14% were referred by CAMHS – average age at time of referral was 14.25 years
 - iii. 19% were referred by other services – education or other sector – average age at time of referral was 14.3 years
3. Do you have a preferred route of referral, such as via CAMHS?
If a young person is being seen by CAMHS, we recommend that their CAMHS clinician completes the referral form.
Otherwise please refer to referral guidance in our service specifications at:
<https://www.england.nhs.uk/wp-content/uploads/2017/04/gender-development-service-children-adolescents.pdf>.

It is important that risk is assessed prior to referral and that when identified a local plan is in place to manage risk.

4. How has the incidence of patients with gender dysphoria referred to you changed over the last 10 years? GIDS has experienced a substantial and exponential increase in referral rates over the last 10 years. We can report the following patterns:
For information on trends, please see our website and a relevant publication which is of relevance:
 - de Graaf, N.M., Giovanardi, G., Zitz, C. et al. Arch Sex Behav (2018) 47: 1301.
<https://doi.org/10.1007/s10508-018-1204-9>
 - <https://tavistockandportman.nhs.uk/about-us/news/stories/gids-referrals-increase-201718/>
 - <http://gids.nhs.uk/number-referrals>