

## Freedom of Information Act 2000 disclosure log entry

### Reference

18-19175

### Date sent

25/09/2018

### Subject

GIDS Data - Referrals & Clinicians

### Details of enquiry

Hello, under the FOI act 2000 I request the following information;

1. Which medical Consultants regularly attend the gender dysphoria MDT at Tavistock?
2. Who are the main participants in the MDT?
3. What are their roles?
4. How often does the MDT meet?
5. Are records kept of all MDT meetings and are they available for scrutiny?
6. How many children/young people are currently being assessed for gender dysphoria through Tavistock?
7. What is the current waiting time from receipt of referral to treatment (RTT) for peripubertal children with gender dysphoria? This does not mean assessment but actual treatment with blockers or gender affirming hormones in children deemed suitable for treatment.
8. What is the current waiting time from receipt of referral to first appointment?
9. At what age are children/young people referred to adult services at Charing Cross If children/young people are referred onwards to adult services, are they treated as new referrals in terms of RTT or are they given earlier appointments?
10. What is the current RTT for Charing Cross gender services

### Response Sent

1. Which medical Consultants regularly attend the gender dysphoria MDT at Tavistock?  
There is regular attendance by Endocrine Consultants and Psychiatry.
2. Who are the main participants in the MDT?  
The MDT team participants include specialist Child and Adolescent Psychosocial professionals representing a range of Disciplines, Endocrine Consultants, CNS's and Specialist registrars
3. What are their roles?  
Their role is to contribute to team discussions and decisions from their professional perspective.
4. How often does the MDT meet?  
Weekly.
5. Are records kept of all MDT meetings and are they available for scrutiny?

No. They are not available for public scrutiny. MDT meetings are not publicly available as they are based around specific client sensitive case discussions.

6. How many children/young people are currently being assessed for gender dysphoria through Tavistock?  
1,728
7. What is the current waiting time from receipt of referral to treatment (RTT) for peripubertal children with gender dysphoria? This does not mean assessment but actual treatment with blockers or gender affirming hormones in children deemed suitable for treatment.  
We cannot provide this information. The waiting list is dynamic as it is not possible to predict when referrals will be picked up as service users stay with the service for varying lengths of time based on individual need. Not all peripubertal referrals go to the endocrine clinic – we work with referrals on an individual basis.
8. What is the current waiting time from receipt of referral to first appointment?  
Please see our website for up to date approximate waiting times, as this is updated on a regular basis, it currently states 14-18 months.
9. At what age are children/young people referred to adult services at Charing Cross If children/young people are referred onwards to adult services, are they treated as new referrals in terms of RTT or are they given earlier appointments?  
Though individual clinical needs are taken into consideration, in general young people are referred to adult services in time for them to be seen on or after their 18th birthday. Please note that if a young person transitions from GIDS to the adult Gender Identity Clinic, their treatment or wait time with GIDS will be taken into consideration and their prospective wait time adjusted.  
  
Referral times are in part based on individual needs. Charing Cross will accept referrals from 17 years, although they have a waiting list and so when referrals are seen will relate to this. For young people on the Tavistock GIDS waiting list who will not be seen before they are eligible for adult services Charing Cross will slot them in on their waiting list and honour the referral date to GIDS so that young people do not face two waits.
10. What is the current RTT for Charing Cross gender services  
The RTT for the GIC at Charing Cross is always changing due to the vast increase of referrals. Currently we are booking patients who were referred in July 2017 into appointments in January 2019. These patients are experiencing an 18 month wait time, however patients who are referred today are likely wait longer.