

Freedom of Information Act 2000 disclosure log entry

Reference

17-18208

Date sent

8/11/2017

Subject

GIDS Referrals and Hormone Treatment 2012-17

Details of enquiry

Please could I have information on the following if possible, in relation to The Tavistock and Portman GIDS for children and adolescents.

Information from the last five years or for the records you have within that timeframe of,

- 1) Percentage of patients seen for assessment who identified as trans girls, male to female transgender, out of total referrals seen.
- 2) Percentage of total patients seen who were given hormone treatment.
- 3) Percentage of trans girls, male to female, patients only, who were given hormone treatment.
- 4) Percentage of all transgender patients seen who were given hormone treatment (excluding non-binary, gender questioning etc).
- 5) Percentage of patients seen who changed their minds and decided to revert to identifying as their birth gender.
- 6) Percentage of trans girls seen, male to female only, who decided to revert to their birth gender.
- 7) Typical length of time it takes from first appointment to receiving first hormone injection.
- 8) Number of professional decision makers, clinicians, psychologists, psychiatrists and endocrinologists, who identify as transgender themselves if known.
- 9) Does the Tavistock always share its patient's records with adult GIDS and if so how is this facilitated? Does the adult services have to make a request in order for the Tavistock to be aware their ex patients have entered the adult services without a direct referral from them?

Response Sent

As you will see in our response below, we do not hold the data that you have requested. In some instances we have explained why and have also suggested alternative sources to whom you may wish to direct your enquiries

- 1) Percentage of patients seen for assessment who identified as trans girls, male to female transgender, out of total referrals seen.

We do not hold this data electronically. The resources required to locate and extract this data manually from our files would be greater than the appropriate cost limit as laid down by the FOI Act 2000.

2) Percentage of total patients seen who were given hormone treatment.
We do not hold this data. Hormone treatment for our patients is conducted by UCL Hospital. You may wish to contact them directly for this information. The email address of their Freedom of Information Team is: foi@uclh.nhs.uk

3) Percentage of trans girls, male to female, patients only, who were given hormone treatment.
Our response to question 2) above refers.

4) Percentage of all transgender patients seen who were given hormone treatment (excluding non-binary, gender questioning etc).
We do not hold this data. It is only at the point of discharge that we record whether a patient has been receiving hormone treatment, but we do not record any information on hormone blockers.

It might be of interest to you that between November 2015 and September 2017, the GIDS service discharged 1176 young persons of whom 6.3% identified as male or female, and were receiving hormone treatment (such as Testosterone or Oestrogen)

5) Percentage of patients seen who changed their minds and decided to revert to identifying as their birth gender.
We do not hold this data, and cannot conclude that young people discontinuing treatment have 'changed their minds' or 'reverted to identifying as their birth gender'. There are many different reasons why a young person may discontinue treatment. These include, but are not limited to;

- a) the young person may have changed their mind;
- b) the young person may decide to access treatment elsewhere (private or online); and
- c) the young person may experience external pressures to decline physical interventions.
- d) not all individuals who decide to stop treatment will subsequently identify with the gender assigned to them at birth.

6) Percentage of trans girls seen, male to female only, who decided to revert to their birth gender.
We do not hold this data. Our response to 5) above refers.

7) Typical length of time it takes from first appointment to receiving first hormone injection.
We do not hold this data. This data is held by UCLH who administer hormone treatments.

It may be of interest to you to learn a bit about how the referral process works at this Trust, which is as follows.

Following initial assessment, which can vary between 4-6 appointments, depending on age and stage of puberty, a young person may be referred to our endocrinology team for consideration of hormone blocking treatment. Their case would be fully discussed in a multi-disciplinary team, which may recommend the prescribing of cross sex hormones after a year, or from the age of 16 onwards

8) Number of professional decision makers, clinicians, psychologists, psychiatrists and endocrinologists, who identify as transgender themselves if known.

We do not hold this data, and our Human Resources department does not record the gender identity (or transgender) status of staff at this Trust..