

Freedom of Information Act 2000 disclosure log entry

Reference

17-18151

Date sent

17/10/2017

Subject

Adults and Children's Waiting Times

Details of enquiry

How long adults have had to wait to receive treatment for specialist mental health care?
How long children have had to wait to receive treatment for specialist mental health care?
In particular I would be interested to know the following:

- Percentage and number of adults who have had to wait longer than 18 weeks (and how long the longest waits have been)
- Percentage and number of children who have had to wait longer than 18 weeks (and how long the longest waits have been)
- How long adults have waited from a GP referral for an assessment?
- How long adults have waited from the moment of assessment for treatment

I appreciate some patients may have multiple assessments to ensure they receive the correct treatment and diagnosis. In these cases, I would appreciate how long they have waited from the moment of their first assessment.

Response Sent

I can confirm that we hold the data requested, and that this information is exempt under Section 21 of the Freedom of Information Act (FOIA) 2000, because it is accessible to you, in the public domain, in the FOI Disclosure Log on our website, which may be reached at: <https://tavistockandportman.nhs.uk/about-us/contact-us/freedom-of-information/foi-disclosure-log/> Here, you will see that we have quite a number of relevant Q & As for you to peruse. I would draw your attention, in particular, to the following ones:

[FOI Disclosure Log Listing](#)

[2017-18](#)

- [17-18061](#)
- [17-18096](#)

[FOI Disclosure Log Listing](#)

[2016-17](#)

- [16-17308](#)

- 16-17285
- 16-17259
- 16-17216
- 16-17200
- 16-17125
- 16-17107
- 16-17076
- 16-17069
- 16-17051
- 16-17048

1. The Tavistock and Portman NHS Foundation Trust provides a range of services and treatments which differ from most other Mental Health Trusts. The Trust delivers specialist mental health services via outpatient psychotherapy sessions only. The Trust has no admissions department and does not provide acute services. Information about services which the Trust provides can be found at www.tavistockandportman.nhs.uk:
2. Modalities is different treatment types eg cognitive behaviour therapy, psychotherapy, family therapy and so on. We do not hold our data in a way that distinguishes maximum waiting times between different types of treatment provided to the patients.
3. Longest Waiting Times:
 - a. CYAF (Children, Young People, and Families) 41 weeks
 - b. GIDS (Gender Identity Development Service) 72 weeks
 - c. AFS (Adults and Forensic Services) 26 weeks
 - d. GIC (Gender Identity Clinic) 81 weeks.

NB: Gender clinics across the country are all operating at waiting times over 52 weeks. This is specific to Adult Gender and is communicated to the patient base via many routes.