

## Freedom of Information Act 2000 disclosure log entry

### Reference

17-18122

### Date sent

03/08/2017

### Subject

Use of Physical Restraint

### Details of enquiry

I would be grateful if you could provide the following information relating to mental health patients within your trust.

**1. Use of physical restraint**

For 2015/16 and 2016/17, please provide the following information:

- a) The total number of incidents of physical restraint
- b) The total number of incidents of face down physical restraint
- c) The total number of incidents where police were involved in physically restraining a patient

**2. Impact of physical restraint**

For 2015/16 and 2016/17, please provide the following information:

- a) The total number of incidents of physical restraint which resulted in injury
- b) The total number of incidents of physical restraint which resulted in death

**3. Procedures and training**

Do you have a strategy for reducing the use of restraint?

Thank you in advance for your help.

### Response Sent

Your request for information, as detailed in your email below, has been considered in line with the requirements of the FOI Act 2000.

**Questions 1 :and 2**

I can confirm that we hold the data requested, and that the information relating to Questions 1 and 2 is exempt under Section 21 of the Freedom of Information Act (FOIA) 2000, because it is accessible to you, in the public domain, in the FOI Disclosure Log on our website, which may be reached at:<https://tavistockandportman.nhs.uk/about-us/contact-us/freedom-of-information/foi-disclosure-log/> Here, you will see that we have quite a number of relevant Q & As for you to peruse. I would draw your attention, in particular, to the following ones:

**FOI Disclosure Log Listing**

**2017-18**

- 17-18043

**FOI Disclosure Log Listing**

**2016-17**

- 16-17319
- 16-17328

**Question 3:**

Our clinic patients are low risk out-patients, and we provide de-escalation and personal safety training for all front line staff, both clinical and not clinical.

Our Gloucester House Day Unit – a school for under 12s – all staff attend a two day ‘Team Teach’ training which covers positive handling, risk and restraint reduction, as well as de-escalation and behaviour management. More details are available at:

<http://www.teamteach.co.uk>