

Freedom of Information Act 2000 disclosure log entry

Reference

17-18113

Date sent

31/07/2017

Subject

Breakdown of Spend on Adult Therapies

Details of enquiry

I am writing to request information under the Freedom of Information Act 2000.

Please provide answers to the questions below, for the **previous five financial years** (2012-13, 2013-14, 2014-15, 2015-16 and 2016-17) and your agreed budget for **financial year 2017-18**.

The following questions all relate to services for **adults (aged 18-65)** - this **excludes** CAMHS (Child & Adolescent Mental Health Services), CYP IAPT (Children & Young People's Improving Access to Psychological Therapies) and Early Intervention Services (EIS).

1. What was the total amount of money spent (£) on **all psychological therapies** (any type, across primary, secondary care and tertiary care) provided by your trust?
2. What was the total amount of money spent (£) on **IAPT** (Improving Access to Psychological Therapies) services provided by your trust?
3. How much of this total amount of money spent on **IAPT** was made up of central-government funding earmarked for IAPT? Please answer as an amount of money (£).
4. Do your commissioners fund primary care psychological therapies other than IAPT, provided by your trust? If so, what was spent (£) on these? Please specify.
5. What was the total amount of money spent (£) on all **secondary care** (non-IAPT) psychological therapies provided by your trust?
6. Please provide a breakdown of the type of **secondary care** (non-IAPT) psychological therapy (e.g. cognitive behavioral therapy, dialectical behavioral therapy, family therapy, dynamic psychotherapy etc) and the amount of money spent (£) on each type of therapy provided by your trust.
7. Do your commissioners fund any other **more specialised** (e.g. tertiary care) psychological therapies provided by your trust? If so, what was spent (£) on these? Please specify.

Response Sent

Your request for information, as detailed in your email below, has been considered in line with the requirements of the FOI Act 2000, and the information requested is as follows:

Adult Services	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	
	£	£	£	£	£	£	
1 What was the total amount of money spent (£) on all psychological therapies (any type, across primary, secondary care and tertiary care) provided by your trust?	4,326,321	5,091,976	5,521,785	7,208,163	8,671,936	5,305,000	
2 What was the total amount of money spent (£) on IAPT (Improving Access to Psychological Therapies) services provided by your trust?	-	-	-	-	-	-	No Spend
3 How much of this total amount of money spent on IAPT was made up of central-government funding earmarked for IAPT? Please answer as an amount of money (£).	-	-	-	-	-	-	No Spend
4 Do your commissioners fund primary care psychological therapies other than IAPT, provided by your trust? If so, what was spent (£) on these? Please specify.							
Primary Care Psychological Consultancy Services	786,884	821,353	1,001,833	3,284,262	4,393,541	1,090,000	
Camden Team Around the Practice	-	-	-	714,180	1,187,000	1,085,000	
5 What was the total amount of money spent (£) on all secondary care (non-IAPT) psychological therapies provided by your trust?							
Portman	1,358,000	1,737,059	1,737,000	1,225,913	1,273,251	1,453,000	
Complex Needs	2,181,437	2,533,564	2,782,952	1,983,808	1,818,144	1,677,000	

Adult Services	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	
	£	£	£	£	£	£	
6 Please provide a breakdown of the type of secondary care (non-IAPT) psychological therapy (e.g. cognitive behavioural therapy, dialectical behavioural therapy, family therapy, dynamic psychotherapy etc) and the amount of money spent (£) on each type of therapy provided by your trust.							
Complex Needs:							
75 % is psychoanalytic psychotherapy	1,636,078	1,900,173	2,087,214	1,487,856	1,363,608	1,257,750	
15 % is group therapy	327,216	380,035	417,443	297,571	272,722	251,550	
5% is Psychoanalytic couples therapy	109,072	126,678	139,148	99,190	90,907	83,850	
5% is brief trauma focused therapy	109,072	126,678	139,148	99,190	90,907	83,850	
Portman: (But see 7 below)							
60 % is psychoanalytic psychotherapy	814,800	1,042,235	1,042,200	735,548	763,951	871,800	
25 % is group therapy	339,500	434,265	434,250	306,478	318,313	363,250	
10% is mentalization based therapy	135,800	173,706	173,700	122,591	127,325	145,300	
5% is couple therapy	67,900	86,853	86,850	61,296	63,663	72,650	
7 Do your commissioners fund any other more specialised (e.g. tertiary care) psychological therapies provided by your trust? If so, what was spent (£) on these? Please specify	Yes: given that all the Portman therapy is funded nationally, rather than via local commissioners, one could argue that all the Portman is tertiary rather than secondary.						