

Freedom of Information Act 2000 disclosure log entry

Reference

16-17280

Date sent

11/01/2017

Subject

Wellbeing, Absence, Whistle Blowing

Details of enquiry

I am researching NHS absence, health and wellbeing.

Under FOI please provide a response for the attached spreadsheet by completing and returning this to me in excel format.

Response Sent

Your request for information, as detailed in your email below, has been considered and the information requested has been pasted below.

The Tavistock and Portman **NHS**

NHS Foundation Trust

No.	Questions									
1	What health and wellbeing	Name of	Description (including aims)	Is the programme	Name of any third party (if	Description of services	Total annual	Please list any	Contract start	Contract end
	programmes are offered within	programme		internal or delivered	applicable)		cost to	savings/other		
	the organisation to provide staff			by a third party?			organisation (£ -	benefits		
	with health and wellbeing						15/16)			
	benefits, reduce sickness	Chair massage	Chair massage appointments	Outsourced	Chair Massage London	Massages offered twice a	£0			
	absence and associated costs,		offered on site. To allow staff to			week on site for staff				
	and improve staff attendance?		relax			The control of the co				
	(e.g. healthy eating		retux			Paid for by staff				
	programmes, physical & mental					r und for by starr				
	health checks, gym									
	memberships, lifestyle	Mindful-ness	Training delivered to staff about	In-house		Sessions delivered	£3,500		01/09/2015	30/08/2016
	management advice, one-to-	training	mindfulness and the importance			through the Education				
	one counselling, workshops		of mental wellbeing.			Directorate.				
	etc.) Please list all programmes									
	and provide the following	Cycle to work	Scheme to help staff cycle to work,	Outsourced	myschemes.co.uk	Staff can apply and obtain	£0			
	information:	scheme	loaning money tax free for a bike.			a loan to purchase a bike				
			To improve exercise levels.			which is then deducted				
						before tax in their pay				
		Healthy eating	Healthy food options in the staff	In-house		Food options offered in	£0			
		ricartify catting	canteen. Advice on what fruit and	III-IIOU3E		the canteen to encourage	10			
			veg to eat.			healthy eating e.g. fruit,				
			veg to eat.							
						salads, soups, water.				
		Flu jabs	Free flu jabs offered for all staff.	Outsourced	Royal Free OH Service	Occupational health and	£30,000			
			To reduce occurrence of seasonal			wellbeing. Pre-				
			flu and subsequent absence			employment screening,				
			levels.			employment support and				
						preventative services.				
		Occupational	OH services for advice and support	Outsourced	Royal Free OH Service					
		Health	for staff with any physical or MH		, , , , , , , , , , , , , , , , , , , ,					
			ailments. Help to ensure							
			employees can remain in work							
			when they are experiencing							
			symptoms to ensure they are							
			supported.							
			a pp							
							_			
		Life coaching	Provided for staff for career	In-house		Service offered to staff to	£0			
			advice.			pay for				
		Gym	Discounted gym membership	Outsourced	Royal Free Recreational	A range of health and	£0			
		membership		Outsourceu	Centre	fitness offerings.	EU			
		membersnip	offered at the Royal Free		centre	muless offerings.				
			recreational centre. Aiming to							
			improve phsycial exercise levels.							



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2	fall and a staff and a start	Name of software/syste ms/services (internal and	Description of services	In-house or outsourced?	Name of any third party (if applicable)	Description of services	Annual cost to organisation (£ - 15/16)	Contract start	Contract end
		(Oracle)	Excel sheet completed by manager (internal), processed by HR to payroll. Payroll enter the data on ESR (Oracle) (external).	Combination	Univesity College London Hospitals NHS Foundation Trust	UCLH were our payroll provider who process all changes for the Trust. The contract was reprocured and awarded to Equiniti	£45,600	01/04/1994	31/08/2016
3	Does the organisation use any third party whistleblowing services? Please provide the following information:	Name of provider	Description of services	Annual cost to organisation (£ - 15/16)	Contract start	Contract end			