

Freedom of Information Act 2000 disclosure log entry

Reference

FOI 16-17103

Date sent

04/07/2016

Subject

Restraints & Nurses Healthcare Assistants employed

Details of enquiry

Please provide responses to the following questions within 20 days.

1. How many incidents of physical restraint have there been in your organisation in the following periods:
 - a) In 2012
 - b) In 2013
 - c) In 2014
 - d) In 2015
 - e) In the first six months of this year (1st January to end of June 2016)
2. Of the above figures, for each year please state how many of the people who were restrained were identified as having a learning disability?
3. How many incidents of seclusion have there been in your organisation in the following periods:
 - a) In 2012
 - b) In 2013
 - c) In 2014
 - d) In 2015
 - e) In the first six months of this year (1st January to end of June 2016)
4. Of the above figures, for each year please state how many of the people who were put into seclusion were identified as having a learning disability?
5. How many nurses (whole-time equivalent) does your organisation employ?
6. How many healthcare assistants (whole-time equivalent) does your organisation employ?
7. How many registered nursing positions did you have in
 - a) 2012
 - b) 2013
 - c) 2014
 - d) 2015
 - e) The first six months of this year (1st January to end of June 2016)
8. Of the above registered nursing posts, how many were left unfilled in:

- a) 2012
 - b) 2013
 - c) 2014
 - d) 2015
 - e) The first six months of this year (1st January to end of June 2016)
9. How many healthcare assistant positions did you have in
- a) 2012
 - b) 2013
 - c) 2014
 - d) 2015
 - e) The first six months of this year (1st January to end of June 2016)
10. Of the above healthcare assistant positions, how many were left unfilled in:
- a) 2012
 - b) 2013
 - c) 2014
 - d) 2015
 - e) The first six months of this year (1st January to end of June 2016)
- 11 Please provide any information here about how your organisation is trying to reduce its use of physical restraint and move towards positive behaviour support?

Response Sent

Question 1:

- a) Adults Services: Nil incidents.

There were no incidents involving the usage of restraints at any of our day clinics for psychotherapy services. Please note that our nurses are not employed in a nursing capacity, that is they work as psychotherapists and no usage of restraints has occurred in the period 2012-2015.

- b) Gloucester House Day Unit: a school for primary and early secondary school age children with complex social, emotional and mental health difficulties who have been expelled from mainstream education and need extra support

- 2012 38 cases of physical restraint
- 2013 41 cases of physical restraint
- 2014 18 cases of physical restraint
- 2015 41 cases of physical restraint
- 2016 15 cases of physical restraint in the period 1st Jan to end June 2016.

There were no other incidents involving restraints across our community services for children, young adults and families

Question 2:

- a) This does not apply to our day clinics, - see 1a) above.

- b) All the school children have either a Statement of Special Needs or an Education, Health and Care Plan (EHCP) for social, emotional, and mental health difficulties (SEMH).

Question 3:

Nil

Question 4:

Not applicable (see question 3 above)

Question 5:

21 FTE

Question 6:

Nil. we are a specialist mental health trust and do not have inpatients. Therefore, we have no requirement for clinical support staff

Question 7:

- a) 2012 15 registered nursing positions
- b) 2013 14 registered nursing positions
- c) 2014 19.7 registered nursing positions
- d) 2015 20.16 registered nursing positions
- e) 2016 21 (January-June)

Question 8:

- f) 2012 none
- g) 2013 none
- h) 2014 none
- i) 2015 none
- j) 2016 none (January-June)

Question 9:

- k) 2012 none
- l) 2013 none
- m) 2014 none
- n) 2015 none
- o) 2016 none (January-June)

Question 10:

- p) 2012 none
- q) 2013 none
- r) 2014 none
- s) 2015 none
- t) 2016 none (January-June)

Question 11:

- a) This does not apply to our Adult day clinics, - see 1a) above.
- b) The incidents of restraint were in Gloucester House School, we did not have an incidents of restraint across the rest of our community based services for children, young adults and families.

In terms of reducing incidents, we are looking to increase children's ability to hold themselves (restraint reduction plan):

- Discussions and meetings about holds with staff/children/parents/carers
- Nurture space to be staffed.
- Continue to support children's ability to use the pod independently.
- Pod to be moved into nurture area to support this.
- Add detail into Behaviour Policy re use of strategies in the pod and guidelines for adults supporting children in the pod.
- Look at monitoring for individual children carefully and set targets accordingly – e.g. at core teams/ key workers
- Work with children around alert programme/ sensory circuits
- Involve children in signing logs at post incident reviews.
- Review context of restraints in detail at debrief.
- Make system for earning shoes clearer so children know how far off they are from achieving this. Involve them in designing further incentives for holding selves