

Freedom of Information Act 2000 disclosure log entry

Reference

16-17076

Date sent

14/6/17

Subject

Adults Mental Health Waiting Times

Details of enquiry

1. How long was the average waiting time to access **outpatient** adult mental health counselling in the trust in 2015 (latest figures).
2. How long was the average waiting time to access adult **outpatient** mental health counselling in the trust in 2011.
3. How many people referred for adult mental health counselling in 2015 in the trust did not receive counselling barring non attenders.

Response Sent

Your request for information, as indicated in your email below, has now been considered in line with the FOI Act 2000, and the information requested is as follows below.

1. How long was the average waiting time to access **outpatient** adult mental health counselling in the trust in 2015 (latest figures).
In 2015, the average wait for first appointment for assessment, which includes short term counselling, was 7.1 weeks

In 2015, the average wait between assessment ending to Treatment (long term counselling) starting is 16.5 weeks
2. How long was the average waiting time to access adult **outpatient** mental health counselling in the trust in 2011.
In 2011, the average wait for first appointment for assessment, which includes short term counselling, was 7.9 weeks

In 2011, the average wait between assessment ending to Treatment (long term counselling) starting is 9.8 weeks

3. How many people referred for adult mental health counselling in 2015 in the trust did not receive counselling barring non-attenders.
(upon our request, an explanation of this question was given as - people not being able to be seen at all because services are over stretched.)
The Trust does not see all referred cases for a number of reasons, sometimes the referral is for a service that we do not provide or a case that we cannot treat. All those referred, and accepted as cases, will be seen, unless the prospective patient changes their mind and decides not to attend.