

Freedom of Information Act 2000 disclosure log entry

Reference

16-17051

Date sent

18/5/16

Subject

CAMHS Services, Waiting Times

Details of enquiry

1. In Child and Adolescent Mental Health Services (CAMHS), what is the current waiting time for a young person to receive talking therapies. Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.
2. In CAMHS, what is the current longest wait to receive talking therapies? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.
3. What is the maximum number of talking therapy sessions a young person, eligible for therapy, can receive in your area at primary and secondary care level.
4. How many referrals have there been into child and adolescent mental health services in your area at a) primary care level and b) secondary care level in the calendar years 2013, 2014, 2015 and 2016 to date.

Response Sent

1. In Child and Adolescent Mental Health Services (CAMHS), what is the current waiting time for a young person to receive talking therapies. Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.

We do not differentiate waiting times for different types of therapies, therefore the answers are our waiting times for all services. The average wait time for a first appointment in our CAMHS services is 4.9 weeks.

We offer a wide range of talking therapies including but not limited to: CBT, Group Therapy, Counselling, Family Therapy, Child Psychotherapy, IPT, IPTA, EMDR, LAT and DBT

2. In CAMHS, what is the current longest wait to receive talking therapies? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.

The longest wait for therapy in 2015-16, in CAMHS, was 101 days, and this was directly attributable to waiting for funding approval.

3. What is the maximum number of talking therapy sessions a young person, eligible for therapy, can receive in your area at primary and secondary care level.

This is dealt with on a case by case basis. We do not have a maximum number of sessions that a young person can receive.

4. How many referrals have there been into child and adolescent mental health services in your area at a) primary care level and b) secondary care level in the calendar years 2013, 2014, 2015 and 2016 to date.

We do not differentiate between primary and secondary care.

Our CAMHS referral rates for these years are:

| 2013 / 2014 | 2014 / 2015 | 2015 / 2016 | Grand Total |
|-------------|-------------|-------------|-------------|
| 2166 | 2314 | 2524 | 7004 |