

Freedom of Information Act 2000 disclosure log entry

Reference

22-23423

Date response sent

14/03/23

Subject

All Policies last 5 yrs which include self medication

Details of enquiry

Please disclose all policy documents for the last 5 years which focus on or discuss self-medication

Response sent

We receive regular updates from pharmacists/NHSE and other regulators of medication. If we think that the information is important to share with the community that access our services, then we provide a summary of this guidance to ensure that people are continuing treatment regimes with informed consent. We are also aware that not all our patients disclose if they are accessing prescriptions from elsewhere, so it is part of our health education work as well.

This is covered in the Shared Care Protocol, which is publicly available on the GIC website, and may be reached via the following links: [Clinical information and guidance for hormone therapy - Gender Identity Clinic – GIC](#)

Advice and guidance to referrers/patients linked to self-medication are in line with other clinical pathways across the NHS where clinical staff would ask what medication someone is receiving/would recommend not to self-medicate because of the possible interactions between prescribed and non-prescribed medication.