

Freedom of Information Act 2000 disclosure log entry

Reference

22-23269

Date response sent

18/01/23

Subject

CAMHS Svcs, Provision & Referrals

Details of enquiry

1. What age range does your service cover?
2. How many service users are receiving care and how many children/young people are on the waiting list, split by gender?
3. What is the average age of autism diagnosis by gender?
4. How many of your current mental health service users have a diagnosis of autism, split by gender?
5. Is there an alternative service commissioned to deal with the MENTAL HEALTH needs of diagnosed or suspected autistic people? If yes, please provide details of the scope of their commission.
6. How many referrals have you received in 2022 and how many have been refused/discharged without appointment or treatment?

The following questions relate to your clients who ALSO have a co-occurring mental health condition as well as being autistic or otherwise neurodivergent.

7. How many hours of CBT are offered each week?
8. How many of these hours are specifically adapted for autism?
9. How many hours of eating disorder therapies are offered each week?
10. How many are adapted specifically for autism?
11. Do you commission DBT and is it standard / adapted for autism?
12. Do you commission EMDR and is it standard / adapted for autism?
13. Do you commission Art therapies and are they standard / adapted for autism?
14. Is any Occupational therapy commissioned standard / adapted for autism?
15. Are lead professionals assigned to young people required to have recent training in autism from autistic-led organisations?
16. Are new lead professionals required to read case files?
17. Does your CAMHS offer an alternative method of contact (text, email, video) to accommodate autistic young people who find standard therapies hard to access?

Response sent

1. What age range does your service cover?
We provide CAMHS services to children and young people aged 0-25 years

When reviewing our responses below, please note that The Tavistock and Portman NHS Foundation Trust is not a hospital. We are a specialist mental health Trust which provides outpatient, and mainly psychological, services. We do not provide any acute services or inpatient patient care and do not have an A&E department.

2. How many service users are receiving care and how many children/young people are on the waiting list, split by gender?

a) CAMHS services provided under all our ICB contracts

Open cases during period, who have been seen at least once under referral

2022	Female	Male	Other	Not specified
January	927	744	4	6
February	937	710	4	6
March	946	716	4	6
April	952	741	4	6
May	990	771	4	6
June	997	766	5	5
July	992	739	5	5
Total Jan to	1455	1150	5	6

b) CAMHS services provided under all our ICB contracts

Open referrals awaiting a 1st Appt at end of period

2022	Female	Male
January	134	87
February	136	102
March	149	134
April	127	111
May	143	117
June	129	100
July	150	81

3. What is the average age of autism diagnosis by gender?

The average patient age at time of assessment in the Autism Assessment team was:

Female: 17.7 years

Male: 16.6 years

4. How many of your current mental health service users have a diagnosis of autism, split by gender?

We confirm that we hold this data, however it is held, in narrative form, within the notes section of individual patient files and cannot be collated through an automated process. Obtaining this data would require a manual search of many hundreds of patient files. Searching, locating, extracting this per patient file would take 20 minutes, ie around 66 hours of officer time per hundred files. We are therefore engaging s12 of the Freedom of Information Act 2000 for this question.

Section 12 of the Freedom of Information Act makes provision for NHS organisations to refuse requests for information where the cost of processing (which includes determining whether the Trust holds the information, locating, and then extracting it) exceeds £450, or 18 hours of work from one member of staff.

The time required to process your request falls outside this limit, and so will be refused according to the provision in the Freedom of Information Act.

Please note that

- i) with effect from April 2017 the Trust ceased to accept referrals for diagnosis of suspected Autism Spectrum Disorder (ASD) in the over 18 yrs age group, though we would continue working with ASD as part of an overall mental health presentation.
- ii) Young people reaching 18 years of age while awaiting an ASD assessment would be kept open until the assessment was completed
- iii) Young people reaching 18 years of age whilst in treatment, are able to continue their treatment with our service until they are 25 years old

5. Is there an alternative service commissioned to deal with the MENTAL HEALTH needs of diagnosed or suspected autistic people? If yes, please provide details of the scope of their commission.
 As we are a specialist ASC & LD service, all of our interventions are adapted for people with ASC.

The range of therapeutic interventions offered by the Tavistock ASC & LD Team is outlined on our website.

<https://tavistockandportman.nhs.uk/care-and-treatment/our-clinical-services/lifespan/>

6. How many referrals have you received in 2022 and how many have been refused/discharged without appointment or treatment?

a) CAMHS services provided under all our ICB contracts

Number of Referrals received during period:

2022	
January	167
February	195
March	244
April	153
May	280
June	201
July	198

b) Number of referrals rejected/discharged without being seen during period

2022	
January	54
February	40
March	58
April	41
May	66
June	78
July	57

7. The following questions relate to your clients who ALSO have a co-occurring mental health condition as well as being autistic or otherwise neurodivergent.

8. How many hours of CBT are offered each week?

We confirm that we hold this data, however it is held, in narrative form, within the notes section of individual patient files and cannot be collated through an automated process. Obtaining this data would require a manual search of many hundreds of

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The time required to process your request falls outside this limit, and so will be refused according to the provision in the Freedom of Information Act.

9. How many of these hours are specifically adapted for autism?

See response to Question 8 above.

10. How many hours of eating disorder therapies are offered each week?

We do not record Eating Disorders in Adolescents/children as a presenting condition.

The Royal Free Hospital in Hampstead, NW London is the identified local pathway for all Children and Young People (CYP) presenting with eating disorders, and we cannot report on the number sessions with Children/Young People within our services with dual diagnoses.

11. How many are adapted specifically for autism?

See response to Question 5 above.

12. Do you commission DBT and is it standard / adapted for autism?

We are a provider Trust and do not ordinarily commission services.

13. Do you commission EMDR and is it standard / adapted for autism?

We are a provider Trust and do not ordinarily commission services.

14. Do you commission Art therapies and are they standard / adapted for autism?

We are a provider trust and do not ordinarily commission services

15. Is any Occupational therapy commissioned standard / adapted for autism?

We are a provider trust and do not ordinarily commission services

16. Are lead professionals assigned to young people required to have recent training in autism from autistic-led organisations?

The Royal Free Hospital in Hampstead, NW London is the identified local pathway for all Children and Young People (CYP) presenting with eating disorders. You may wish to contact them directly, if you have not already done so.

17. Are new lead professionals required to read case files?

See response to Question 16above.

18. Does your CAMHS offer an alternative method of contact (text, email, video) to accommodate autistic young people who find standard therapies hard to access?

Yes