

Freedom of Information Act 2000 disclosure log entry

Reference

22-23219

Date sent

04/11/22

Subject

Mental Health Waiting Times

Details of enquiry

1. How many adults were referred to your Trust's mental health services for each of these years?
2. How many adults were referred for psychological therapy treatment in each of the following years?
3. How many adults were referred for a mental health bed in each of the following years?
4. What was the average and longest waiting time (in days) for referred adults for:
 - a. a first mental health appointment
 - b. the start of psychological therapy treatment
 - c. admission to a mentalhealth bed
1. How many adult mental health beds did the trust have in each of the following years?

Response sent

1. How many adults were referred to your Trust's mental health services for each of these years?
Number of referrals received during period where patients were 18 or older at date of referral receipt. (Excludes gender clinics).

Year	Referrals
2018	1811
2019	1966
2020	1525
2021	1585
2022 (to July)	1027

2. How many adults were referred for psychological therapy treatment in each of the following years?
Please see table at Q1 above
3. How many adults were referred for a mental health bed in each of the following years?
Not applicable. The Trust does not provide inpatient services.
4. What was the average and longest waiting time (in days) for referred adults for:
 - a. a first mental health appointment
Waiting times, in days, for patients who had a 1st appointment during period and were 18 or older at date of referral receipt. (Excludes gender clinics)

Year	Average wait (days)	Longest wait (days)
2018	44.18	413
2019	56.14	294
2020	86.81	1008

2021	88.18	829
2022 (to July)	101.16	898

- b. the start of psychological therapy treatment
We run a number of adult services, with different approaches to when the 'psychological therapy treatment' commences. We are therefore unable to answer this question.
 - c. admission to a mental health bed
Not applicable. The Trust does not provide inpatient services.
5. How many adult mental health beds did the trust have in each of the following years?
Not applicable. The Trust does not provide inpatient services.