

Freedom of Information Act 2000 disclosure log entry

Reference

22-23155

Date sent

24/10/22

Subject

GIC/GIDS: Consent Forms & Drugs Prescribing

Details of enquiry

Please could you send me copies of each different consent form used, for both adults and children, over the past 5 years within your trust (i.e. 2017 to 2022 inclusive) for the following procedures and treatments:

- 1) Cross-sex hormones
- 2) Puberty blockers
- 3) Gender reassignment surgery (including but not limited to breast surgery, genital surgery, hysterectomies, orchidectomies, phalloplasty, metoidioplasty, facial surgery, thyroid/tracheal shaves, and other cosmetic procedures for gender reassignment purposes, etc)
- 4) Please could you send me the numbers of patients undergoing the treatments / procedures in the 3 categories above, broken down by age and biological sex, over the most recent 5 years for which you have the data.

Response sent

- 1) Cross-sex hormones (Patient Consent Form)
 - a. **For our Gender Identity Development Service (GIDS: for children and young people):**
 - The Tavistock and Portman NHS Foundation Trust does not prescribe hormones and therefore does not capture patient's consent to access hormone suppressants or gender-affirming hormones. Therefore we confirm that this form is not held at GIDS.
 - By way of explanation: We do not prescribe hormones for GIDS patients. When we refer GIDS patients to Endocrinology, the patient's consent to access these interventions is captured by the endocrinology clinics.
 - The only patient consent that we capture is the young person's consent to be referred to Endocrinology, using the MPRG process outlined in the revised service specification.
 - Any consent relating to the prescription, would be held by UCLH and Leeds Teaching Hospital Endocrinology departments as they recommend the precise prescription that the patient's GP should prescribe for their patient, and in some cases they may prescribe directly.

b. For our Gender Identity Clinic (GIC: for adults)

- The Tavistock and Portman NHS Foundation Trust does not prescribe hormones and therefore does not capture patient's consent to access hormone suppressants or gender-affirming hormones. Therefore we confirm that this form is not held at the GIC.
- By way of explanation: Each patient at the GIC is fully assessed, which includes whether they would consent to cross-sex hormones and referral for clinical interventions. The content of this consent sits within the freetext section of the patient's assessment record, and within any prescription recommendation letter to the patient's GP.
- GIC endocrinologists will recommend to the patient's GP the precise prescription to provide to the patient. Through the Shared Care Agreement with Primary Care, the GP would then prescribe and/or administer the recommended hormones. .
- the patient's consent to access these interventions would be captured by the GP prescribing the hormones.

2) Puberty blockers

a. For our Gender Identity Development Service (GIDS: for children and young people):

- Please see our response above, at Q1a.

b. For our Gender Identity Clinic (GIC: for adults)

- Not applicable, as we do not prescribe puberty blockers for adults.

3) Gender reassignment surgery (including but not limited to breast surgery, genital surgery, hysterectomies, orchidectomies, phalloplasty, metoidioplasty, facial surgery, thyroid/tracheal shaves, and other cosmetic procedures for gender reassignment purposes, etc)

a. For our Gender Identity Development Service (GIDS: for children and young people):

- Not applicable as we do not refer anyone in GIDS for surgical interventions

b. For our Gender Identity Clinic (GIC: for adults)

- A consent form for Gender Reassignment Surgery is not held as we do not provide any surgical services.
- We hold a patient's consent to referral within the patient assessment record, and also within the referral letter to the surgical hub, indicating the patient's preparedness for the surgical pathway, and based on their desired outcome measured against the diagnostic criteria of what procedure patient requires and the outcome of their appointment.
- The consent for the surgery or other procedures stated in your question sits with the surgical team for services that are commissioned to deliver the surgical pathway and not within the GIC service.

4) Please could you send me the numbers of patients undergoing the treatments / procedures in the 3 categories above, broken down by age and biological sex, over the most recent 5 years for which you have the data.

- Please see the above responses.
- The Tavistock and Portman NHS Foundation Trust does not provide the treatments for any of the above-mentioned interventions.