

Freedom of Information Act 2000 disclosure log entry

Reference

21-22082

Date sent

01/09/21

Subject

CAMHS Mental Health Referral data 2019-21

Details of enquiry

I am requesting data on children and young people (CYP) accessing mental health services, including eating disorder services. Please exclude all data relating to CYP accessing learning disability and autism services.

If helpful, you may wish to collect this data from the final submissions to the Mental Health Services Data Set (MHSDS) you will have made.

Contact can include assessment over telephone and/or video conferencing, but can not include text, email or letter contact.

Please answer questions 1 to 5 for the two following time periods:

Time period A) 1st April 2019 to 31 March 2020

Time period B) 1st April 2020 to 31 March 2021

1. During this time period, please give the number of CYP referred to your CAMH for:

1.1 Core CAMH (i.e., including treatment for symptoms of anxiety, depression, trauma symptoms);

1.2 Core Eating Disorder.

2. Of these, how many were emergency referrals for:

2.1 Core CAMH;

2.2 Core Eating Disorder?

3. During this time period, please give the number of CYP waiting longer than 12 weeks without contact by services for:

3.1 Core CAMH;

3.2 Core Eating Disorder.

4. During this time period, please give the number of CYP whose referral was closed before treatment, and who were referred for:

4.1 Core CAMH services;

4.2 Core Eating Disorder services.

5. For CYP whose referrals were closed before treatment, please provide all the reasons why this happened.

6. During this time period, please give the number of CYP still waiting for treatment on 31 March, and who have not been contacted for:

6.1 Core CAMH services;

6.2 Core Eating Disorder services.

Response sent

Thank you for your request for information which has been handled under the Freedom of Information Act.

We do not have an eating disorder service. The below data applies to patients under 18 at referral to CAMHS.

1. During this time period, please give the number of CYP referred to your CAMH for:
1.1 Core CAMH (i.e., including treatment for symptoms of anxiety, depression, trauma symptoms);

Time period A) 1st April 2019 to 31 March 2020: 2463

Time period B) 1st April 2020 to 31 March 2021: 2167

2. Of these, how many were emergency referrals for:

None were recorded as emergency referrals

3. During this time period, please give the number of CYP waiting longer than 12 weeks without contact by services for:

Time period A) 1st April 2019 to 31 March 2020: 41

Time period B) 1st April 2020 to 31 March 2021: 36

4. During this time period, please give the number of CYP whose referral was closed before treatment, and who were referred for:

Time period A) 1st April 2019 to 31 March 2020: 451

Time period B) 1st April 2020 to 31 March 2021: 464

5. For CYP whose referrals were closed before treatment, please provide all the reasons why this happened.

- **Admitted elsewhere**

- **No further treatment appropriate**
- **Moved out of the area**
- **Patient did not attend**
- **Patient requested discharge**
- **Referred to other specialty/service (at the same or other health care provider)**
- **Patient refused to be seen**
- **Rejected referral – inappropriate referral**

6. During this time period, please give the number of CYP still waiting for treatment on 31 March, and who have not been contacted for:

On 31 March 2020 there were 185 patients on the waiting list

On 31 March 2021 there were 218 patients on the waiting list