The Tavistock and Portman NHS

NHS Foundation Trust

Freedom of Information Act 2000 disclosure log entry

Reference

21-22081

Date sent

12/08/21

Subject

CAMHS Waiting Times 2020-21

Details of enquiry

We previously obtained information about waiting times through a Freedom of Information (FOI) request. We are now looking to update that information for the last year and we would like to make another FOI request regarding the waiting times for specialist multi disciplinary (Tier 3)* community Child and Adolescent Mental Health Services (CAMHS).

POPULATION SIZE

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1. What is the size of the total population covered by your Trust?

Age range	Total population
Core Registered population covered by service - aged 0-16 (Community CAMHS)	
Core Registered population covered by service - aged 17-18 (Community CAMHS)	
Total Registered population covered by service - aged 0-18 (Community CAMHS)	

<u>**WAIT TO ASSESSMENT**</u>

Notes (for questions 2-5):

Please note, we are interested in actual waiting times rather than target waiting times.

If you only have data available in weeks or months, please provide details of how many days you consider to be in a week or month for the purposes of your calculations

Ideally, we would like data for the primary reason for referral, if you do not record reason for referral, please state this in your response.

If there are several reasons for referral, multiple counts are allowed, please state if this is the case in your response.

If you only have some of this data we would prefer a partial response than no response.
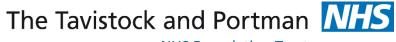
2. What is your minimum, maximum and median waiting times from the date referral received to initial appointment with healthcare professional (this includes a CHOICE or triage appointment and/or telephone or video call assessments)?
Please provide data for the previous full financial year (2020/2021).

Data based on total number of referrals

Year	Min waiting time (in days)	Max waiting time (in days)	Median waiting time (in days)	Total number of referrals received
01/04/2020 to 31/03/2021				

3. In the financial year 2020/21, what is the minimum, maximum and median waiting times from the date referral received to initial appointment with healthcare professional

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(this includes a CHOICE or triage appointment and/or telephone or video call assessments) broken down by primary reason for referral?

Data based on main presenting problem or reason for referral to CAMHS service

Primary reason for referral	Min waiting time (in days)	Max waiting time (in days)	Median waiting time (in days)	Total number of referrals received during this year
Advice only				
ADHD/hyperactivity				
Anxiety/panic				
Attachment Disorders				
Autism Spectrum Disorders				
Behavioural issues				
Bipolar				
Conduct Disorders				
Depression				
Drug and Alcohol difficulties				
Eating disorders				
Gender discomfort issues				
In crisis				
Obsessive compulsive disorder				
Psychosis				
Personality disorders				
Phobias				
PTSD				
Relationship difficulties				
Self-harm behaviours				
School difficulties				
Tics				
Others				
Not known				

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WAIT TO TREATMENT

4. What is your minimum, maximum and median waiting times from the date referral received to start of treatment, based on the total number of referrals?
NB. If you base start to treatment on anything other than 2nd appointment, please state below what you identify as start of treatment.

Data based on total number of referrals

Year	Min waiting time (in days)	Max waiting time (in days)	Median waiting time (in days)	Total number of referrals received
01/04/2020 to 31/03/2021				

5. In the financial year 2020/2021, what is your minimum, maximum and median waiting times from the date referral received to start of treatment, broken down by primary reason for referral?

Data based on main presenting problem or reason for referral to CAMHS service

Primary reason for referral	Min waiting time (in days)	Max waiting time (in days)	Median waiting time (in days)	Total number of referrals received during this year
Advice only				
ADHD/hyperactivity				
Anxiety/panic				
Attachment Disorders				
Autism Spectrum Disorders				
Behavioural issues				
Bipolar				
Conduct Disorders				
Depression				
Drug and Alcohol difficulties				

Eating disorders				
Gender discomfort issues				
In crisis				
Obsessive compulsive disorder				
Psychosis				
Personality disorders				
Phobias				
PTSD				
Relationship difficulties				
Self-harm behaviours				
School difficulties				
Tics				
Others				
Not known				

6. How many referrals were received from each of the referral routes over the last four financial years (2017/2018, 2018/2019, 2019/2020, 2020/2021)?

If you only have some of this data, a partial response would be preferred to no response.
Please provide data as a number, rather than a percentage.

Referral Route	01/04/2017 to 31/03/2018	01/04/2018 to 31/03/2019	01/04/2019 to 31/03/2020	01/04/2020 to 31/03/2021
General Medical Practitioner Practice				
School				
Parent/Family				
SENCO				
Internal Tier 2 CAMHS				
Social Worker				
Family Support Worker				
Internal CMHT (Child and Adolescent Mental Health)				

Hospital-based Paediatrics				
School Nurse				
Other Clinical Speciality				
Education Service				
Community-based Paediatrics				
SPA/R				
A&E Department				
Community Practice Nurse/Health Visitor				
Educational Psychologist				
Local Authority Social Services				
Internal CMHT (Learning Disability)				
Youth Offending/Police				
Other				
TOTAL NUMBER OF REFERRALS				

Response sent

Your request for information, as detailed in your email below, has been handled under the Freedom of Information Act 2000. Please find attached our answers to your questions.

POPULATION SIZE

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1. What is the size of the total population covered by your Trust?

Age range	Total population
Core Registered population covered by service - aged 0-16 (Community CAMHS)	This data is publicly available at: https://www.england.nhs.uk/publication/ccg-allocations-2019-20-to-2023-24-core-services/
Core Registered population covered by service - aged 17-18 (Community CAMHS)	
Total Registered population covered by service - aged 0-18 (Community CAMHS)	

WAIT TO ASSESSMENT

Notes (for questions 2-5):

Please note, we are interested in actual waiting times rather than target waiting times.

If you only have data available in weeks or months, please provide details of how many days you consider to be in a week or month for the purposes of your calculations.

Ideally, we would like data for the primary reason for referral, if you do not record reason for referral, please state this in your response.

If there are several reasons for referral, multiple counts are allowed, please state if this is the case in your response.

If you only have some of this data we would prefer a partial response than no response.

2. What is your minimum, maximum and median waiting times from the date referral received to initial appointment with healthcare professional (This includes a CHOICE or triage appointment and/or telephone or video call assessments)?
Please provide data for the previous full financial year (2020/2021).

Data based on total number of referrals

Year	Min waiting time (in days)	Max waiting time (in days)	Median waiting time (in days)	Total number of referrals received
01/04/2020 to 31/03/2021	0	291	15	2214

3. In the financial year 2020/2021, what is your minimum, maximum and median waiting times from the date referral received to initial appointment with

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healthcare professional

(this includes a CHOICE or triage appointment and/or telephone or video call assessments) broken down by primary reason for referral?

Data based on main presenting problem or reason for referral to CAMHS service

Primary reason for referral	Min waiting time (in days)	Max waiting time (in days)	Median waiting time (in days)	Total number of referrals received during this year
(Suspected) First Episode Psychosis	31	31	31	1
Adjustment to health issues	0	40	13.5	11
Anxiety	0	224	15	689
Attachment Difficulties	0	140	20	75
Conduct disorder	0	119	21.5	228
Depression/low mood	0	105	14	293
Diagnosed Autism Spectrum Disorder	2	220	34	43
Drug and alcohol difficulties	2	4	3	3
Eating disorders	0	50	22	25
Family relationship difficulties	0	263	16	334
Gender discomfort issues	10	51	39	6
In crisis	1	83	14	23
Neurodevelopmental conditions	0	291	35.5	203
Not Known	0	0	0	1
Obsessive compulsive disorder	5	62	42.5	12
Perinatal mental health issues	3	26	20.5	7
Personality disorders	108	108	108	1
Phobias	2	2	2	3
Post-traumatic stress disorder	0	54	20	28
Self-care Issues	20	20	20	3
Self-Harm behaviours	0	93	5	210
Suspected Autism Spectrum Disorder	3	48	36.5	4
Unexplained physical symptoms	2	54	29.5	11

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WAIT TO TREATMENT

4. What is your minimum, maximum and median waiting times from the date referral received to start of treatment, based on the total number of referrals?
NB. If you base start to treatment on anything other than 2nd appointment, please state below what you identify as start of treatment.

Data based on total number of referrals

Year	Min waiting time (in days)	Max waiting time (in days)	Median waiting time (in days)	Total number of referrals received
01/04/2020 to 31/03/2021	0	378	29	2214

5. In the financial year 2020/2021, what is your minimum, maximum and median waiting times from the date referral received to start of treatment, broken down by primary reason for referral?

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Data based on main presenting problem or reason for referral to CAMHS service

Primary reason for referral	Min waiting time (in days)	Max waiting time (in days)	Median waiting time (in days)	Total number of referrals received during this year
(Suspected) First Episode Psychosis	46	46	46	1
Adjustment to health issues	38	211	112	11
Anxiety	0	249	27	689
Attachment Difficulties	2	196	36	75
Conduct disorder	0	262	39	228
Depression/low mood	0	228	27.5	293
Diagnosed Autism Spectrum Disorder	9	149	43	43
Drug and alcohol difficulties	0	14	10	3
Eating disorders	7	51	28	25
Family relationship difficulties	0	378	36	334
Gender discomfort issues	47	111	52.2	6
In crisis	2	118	25.5	23
Neurodevelopmental conditions	1	337	50.5	203
Not Known	-	-	-	1
Obsessive compulsive disorder	12	204	56	12
Perinatal mental health issues	6	60	27	7
Personality disorders	108	108	108	1
Phobias	8	8	8	3
Post-traumatic stress disorder	7	57	28	28
Self-care Issues	-	-	-	3
Self-Harm behaviours	0	198	13	210
Suspected Autism Spectrum Disorder	7	62	40	4
Unexplained physical symptoms	2	65	43	11

6. How many referrals were received from each of the referral routes over the last four financial years (2017/2018, 2018/2019, 2019/2020, 2020/2021)?

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If you only have some of this data, a partial response would be preferred to no response.
Please provide data as a number, rather than a percentage.

Referral Route	01/04/2017 to 31/03/2018	01/04/2018 to 31/03/2019	01/04/2019 to 31/03/2020	01/04/2020 to 31/03/2021
Choose and Book (GP)	0	0	2	0
Choose and Book (Other)	0	0	3	0
Community Health Services	573	471	664	575
Courts	2	0	0	0
General Medical Practitioner	874	845	847	772
Internal referral	85	41	62	107
Local Authority Education Service	437	460	648	413
Local Authority Social Services	233	206	197	206
Other Independent Sector Mental Health Services	2	1	3	7
Other Service or Agency	5	25	13	5
Self	126	101	79	129
TOTAL NUMBER OF REFERRALS	2337	2150	2518	2214