

## Freedom of Information Act 2000 disclosure log entry

### Reference

21-22021

### Date sent

21/04/21

### Subject

Waiting Times 19-21 for DBT & CBT by Pts w Border Personality Disorder

### Details of enquiry

I am writing to you under the Freedom of Information Act 2000 to request information from Tavistock and Portman NHS Foundation Trust. Please may you provide me with the following information:

- What are the current waiting times in **Tavistock and Portman** for patients diagnosed with **Borderline Personality Disorder (BPD)** to receive **talking therapies** on the NHS?
- To be more specific, I am requesting the data you have on what number/percentage of patients with BPD have waited different amounts of time for talking therapies between 2019-2021 (e.g. how many have waited over 3 months, over 6 months, over 1 year, over 1.5 years etc.) The data you hold which is closest to this would be preferable.
- Also, by talking therapies, I mean Dialectical Behavioural Therapy (DBT) and Cognitive Behavioural Therapy (CBT). Whether you choose to provide data on these together or separately is your choice.

### Response sent

Your request for information, as detailed in your email below, has been handled under the Freedom of Information Act 2000 (FOIA). Please find below our response:

We do not hold the data requested. This is because referrals include a reason for referral but not a diagnosis.