

Freedom of Information Act 2000 disclosure log entry

Reference

20-21194

Date sent

09/04/21

Subject

GIDs ReferralFfigs/Hormone Blocker Stats

Details of enquiry

Under freedom of information, please would it be possible to get the numbers that you have available for the following:

- 1) Number of people that have been referred to the clinic since opening.
- 2) How many of these individuals were adamant that they were trans on referral.
- 3) How many of these individuals went on to be given hormone blockers.
- 4) How many people changed their mind and left the service following referral.
- 5) How many of the people given blockers have complained that they were given them.
- 6) Whether parents need to provide consent.

If possible, it would also be wonderful to have a copy of the criteria that must be met in order for the agreement to be given.

Response Sent

Thank you for your request for information which has been handled under the Freedom of Information Act (FOIA). Please see below our response.

1. Number of people that have been referred to the clinic since opening.
GIDS referral data is published at <https://gids.nhs.uk/number-referrals>
2. How many of these individuals were adamant that they were trans on referral.
We do not record this terminology.
3. How many of these individuals went on to be given hormone blockers.
We do not hold complete datasets that go back this far. The Trust does not prescribe or administer hormone blockers and not all patients who are referred to the

endocrinology clinics go on to be prescribed hormone blockers. However, we can confirm that a minority of young people seen at GIDS are referred to endocrinology.

4. How many people changed their mind and left the service following referral.
We do not hold this data for the whole period. People leave the service or the waiting list for different reasons, including moving to a new area. We do not record reasons for leaving the service.
5. How many of the people given blockers have complained that they were given them.
We have no recorded complaints from patients who, whilst at GIDS, complained that they were given hormone blockers. A small minority of patients stop taking hormone blockers for various reasons.
6. Whether parents need to provide consent.
Your request relates to any plans or treatments, which is a broad question. We can confirm that since 1 January 2020 the Trust obtains written consent for a referral to endocrinology, for consideration of treatment, directly from all of our young people. We try to obtain parental agreement in all cases referred to endocrinology, and always in the case of young people under the age of 16. Consent to hormone blocking treatment is obtained directly from endocrinology, from both young people and their parents, and not by the Tavistock & Portman NHS Trust.

We hope that you are satisfied with the above response. Please note that the FOIA applies to recorded information that exists at the time of the request and does not require the authority to answer questions if this would involve the creation of new information. However, if you do have any further questions you can contact the service directly at GIDS@tavi-port.nhs.uk.