

Freedom of Information Act 2000 disclosure log entry

Reference

20-21179

Date sent

08/01/21

Subject

Breakaway / Physical restraint Training

Details of enquiry

I am writing to make a Freedom of Information request for the following information.

Q1 Have you received Restraint Reduction Network certification? **Y / N**

Q2 Are you working towards this and if so what stage are you at?

Q3 How many physical intervention instructors (either full or part time) does your Trust employ?

Q4 On average, how many physical intervention (Breakaway / Physical restraint) courses does your Trust run per year?

Has this been affected by Covid-19? **Y / N**

If **YES** in what way?

Q5 Does the Trust deliver a **bespoke** physical intervention training package for staff that may work in the following areas:

Psychiatric Intensive Care **Y / N** Low / Medium / High Secure Services **Y / N**

Tier 4 CAMHS **Y / N** Acute In-Patient Working Age Adult **Y / N**

Q6 Please provide average numbers of participants and instructors per course for

a) Breakaway -

b) Physical restraint training -

c) Any specific restraint course designed for staff working in areas in **Q5** -

Q7 Please provide in **hours** the length of physical intervention training (Breakaway / Initial Physical Restraint and Refresher any bespoke package for areas in Q5 if appropriate)

2018 -

2019 -

2020 -

Q8 What amount of time (in hours) is spent on non-physical elements of the course(s) and what is the ratio of Theory to Practical during both initial training and refreshers?

Q9 Has the ratio of time (theory / practical) changed in the previous three years **Y / N**

If **YES** – in what way?

If **NO** - is this expected to change in the next 2 years and how?

Q10 What is the total number of individual techniques taught on the physical intervention training (Breakaway and Restraint procedures)

Breakaway -

Physical restraint Course -

Refresher -

Q11 How do you assess the competence of the staff attending the courses?

Q12 Are 'resistance based' role plays (where participants are expected to respond to simulated aggression by the trainer or other participants), used during training? **Y / N**

Q13 How many injuries involving participants and or trainers were reported in

2017 -

2018 -

2019 -

2020 -

Please supply course programme and learning outcomes for all Breakaway and physical restraint / intervention courses.

Response Sent

Your request for information below dated 18 December 2020 has been handled under the Freedom of Information Act.

I shall answer your questions below.

Q1 Have you received Restraint Reduction Network certification?

No

Q2 Are you working towards this and if so what stage are you at?

No

Q10 What is the total number of individual techniques taught on the physical intervention training (Breakaway and Restraint procedures)

Breakaway - Physical restraint Course - Refresher -

N/A

Q11 How do you assess the competence of the staff attending the courses?

N/A

Q12 Are 'resistance based' role plays (where participants are expected to respond to simulated aggression by the trainer or other participants), used during training? **Y / N**

N/A

Q13 How many injuries involving participants and or trainers were reported in

2017 - 2018 - 2019 - 2020 -

N/A

Please supply course programme and learning outcomes for all Breakaway and physical restraint / intervention courses.

N/A