

## Freedom of Information Act 2000 disclosure log entry

### Reference

16-17308

### Date sent

31/01/2017

### Subject

Waiting Times

### Details of enquiry

**What is your average waiting time for individual therapy of the following types for the following years: 2015, 2016 and 2017.**

1. Cognitive behavioural therapy
2. Dialectical behavioural therapy
3. Family therapy
4. Dynamic psychotherapy

**How many people are currently on your waiting lists for any form of psychological therapy?**

**How many people are currently on your waiting lists for any form of psychological therapy for:**

1. A year or more
2. More than six months but less than a year
3. Less than six months

**What has been the cost of sending patients to beds outside of the trust for:**

1. 2015-16
2. 2016-17
3. 2017-18 (up until end of January)

**What is the number of adults sent to beds outside of the trust for:**

1. 2015-16
2. 2016-17
3. 2017-18 (up until end of January)

**What is the number of children sent to beds outside of the trust this year?**

1. 2015-16

2. 2016-17
3. 2017-18 (up until end of January)

**Please provide a list of the hospitals to which adults have been sent from your trust this year?**

**Please provide a list of the hospitals to which children have been sent from your trust this year?**

## Response Sent

Please note that:

- Within CYAF we do not keep separate waiting lists for different therapies.
- Within Adults MH Services we only offer dynamic psychotherapy.

**1. What is your average waiting time for individual therapy of the following types for the following years: 2015, 2016 and 2017.**

1. Cognitive behavioural therapy
2. Dialectical behavioural therapy
3. Family therapy
4. Dynamic psychotherapy

Department	Waiting Days in 2015	Waiting Days in 2016	Waiting Days in 2017
CYAF	34.6	32.4	9.5
Adults	47.2	44.3	21.8
Adults Forensic	54.6	63.7	28

**2. How many people are currently on your waiting lists for any form of psychological therapy?**

- CYAF – 133
- Adults – 120
- Forensic Services - 4

**3. How many people are currently on your waitings lists for any form of psychological therapy for:**

1. A year or more
2. More than six months but less than a year
3. Less than six months

Length of waiting time for treatment	Number of patients		
	CYAF	Adults	Forensic Services
A year or more	11	41	0
More than six months but less than a year	6	46	1
Less than six months	116	33	.

**4. What has been the cost of sending patients to beds outside of the trust for:**

1. 2014-15
2. 2015-16
3. 2016-17 (up until end of January)

The Tavistock and Portman NHS Foundation Trust is a specialist mental health Trust which provides outpatient psychotherapy services only. The Trust has no in-patient department and does not provide any beds.

Any patients requiring tier 4 inpatient services are referred outside of this Trust. We are not required to pay for such referrals.

**5. What is the number of adults sent to beds outside of the trust for:**

1. 2014-15
2. 2015-16
3. 2016-17 (up until end of January)

This data is not held in a way that can be reported on, though individual out-patient records would indicate whether the patient was referred to a Tier 4 bed.

**6. What is the number of children sent to beds outside of the trust this year?**

1. 2014-15
2. 2015-16
3. 2016-17 (up until end of January)

Please refer to the reply given to question 5, above.

**7. Please provide a list of the hospitals to which adults have been sent from your trust this year?**

Please refer to the reply given to question 5, above.

**8. Please provide a list of the hospitals to which children have been sent from your trust this year?**

Please refer to the reply given to question 5, above.