

If you need this information in a different language or format please contact the communications team, communications@tavi-port.nhs.uk

Nëse e do informacionin në Shqip ose në një format tjetër, ju lutem kontaktoni grupin e komunikimit, communications@tavi-port.nhs.uk

إذا كنتم بحاجة إلى هذه المعلومة باللغة العربية أو بشكل مختلف فالرجاء الإتصال بفريق المواصلات
communications@tavi-port.nhs.uk

যদিআপনারবাংলাঅথবাঅন্যফর্মটেগ্রেইতথ্যেরপূরণেরাজন্যকতোহলঅনুগ্রহকরযোগাযোগদলরে
কমউনিকেশন টিমের সাথে যোগাযোগ করুন communications@tavi-port.nhs.uk

如果你需要本材料以其他形式或其中文版本, 跟我联系, communications@tavi-port.nhs.uk

Si vous avez besoin de ces informations en Français ou dans un autre format, veuillez contacter l'équipe de communication, communications@tavi-port.nhs.uk

Sollten Sie diese Informationen in Deutsch oder in einem anderen Format benötigen, dann kontaktieren Sie bitte das Kommunikationsteam, communications@tavi-port.nhs.uk

Se desidera queste informazioni in Italiano o in un formato diverso, per favore contatti lo staff comunicazione, communications@tavi-port.nhs.uk

Se precisar desta informação em Português ou num formato diferente, por favor contacte a equipa de comunicação, communications@tavi-port.nhs.uk

Si necesita esta información en Español o en un formato diferente, póngase en contacto con el equipo de comunicación, communications@tavi-port.nhs.uk

Haddii aad u baahan tahay macluumaadkan oo Soomaali ah ama qaab kala fadlan la soo xidhiidh kooxda isgaadhsiinta, communications@tavi-port.nhs.uk

Contact us

The Port

Phone: 020 8938 2089

Email: Portman.FCAMHS@nhs.net

Web: taviport.co/FCAMHS

Address: 8 Fitzjohn's Avenue, London NW3 5NA

Innovation
in mind

NHS

The Tavistock and Portman
NHS Foundation Trust



The Port

Information for young people and families

What is The Port?

The Port is a Forensic Child & Adolescent Mental Health Service, run by the Tavistock & Portman NHS Foundation trust that helps young people who are displaying behaviour that could put themselves or others at risk.

We are a team made up of professionals from a range of backgrounds such as: psychotherapy, psychology, psychiatry, nursing, and a social work.

Why am I being referred to this service?

Someone you are already working with you, such as your CAMHS worker, Youth Offending Worker, or social worker may have come to us for advice on the best way to support you and to help you look after your wellbeing. They may also have a concern about your safety and of the safety of others.

Who will I meet?

You may be asked to come and meet with someone from our team.

Our team is made up of child psychotherapists, doctors, a psychologist, nurse, social worker, a drug and alcohol specialist and a mental health practitioner. Often we arrange for you and your family to meet with us alongside someone you already know well, such as your CAMHS practitioner, youth offending team worker or social worker.

What happens when you see us?

We may arrange for you and your family to meet with us alongside someone you are already working with such as your CAMHS worker, youth offending worker or social worker. We will talk with you and listen to you in a sensitive and understanding way, about why we are meeting and what you may think or feel about this.

What happens to my information?

Information from our meetings will be shared with you. To support your care, we also share some of the information with other people who are working with you, we will tell you all about this before we start talking together.

What if I don't want to meet with you?

We hope that you'll agree to attend the appointment with us so that we can discuss any worries or concerns you may have. This can take place in your current living accommodation or at the Port.

If you do not wish to attend the appointment, we can speak to you over the phone and discuss with others who are working with you what may be the best way forward for you.

What happens next?

It is important that for us to get a proper understanding of you, which takes your view and experiences into consideration. For this reason we may need to see you for more than one appointment to complete our assessment. If you want more information you can call us on **020 8938 2089**.