

Mental health research for the 21st century: shaping evidence, policy and practice

The University of Essex and The Tavistock and Portman NHS Foundation Trust's fourth joint annual research conference

Friday 13 July 2018, 9.30am–5pm, Lecture Theatre, The Tavistock Centre, 120 Belsize Lane, London, NW3 5BA. **Book your place: taviport.co/jarc2018**

09.30–10.00	Arrival, registration and refreshments
10.00	Welcome
10.00–10.50	Beneath the surface: the distinctive contribution of Tavistock Doctoral research to shaping policy and practice Andrew Cooper, Professor of Social Work, The Tavistock and Portman NHS FT and University of East London
10.50–11.30	'Holism in psychotherapy: some historical, philosophical, and practical observations' Professor Roderick Main, Department of Psychosocial and Psychoanalytic Studies, University of Essex
11.30–11.45	Break
11.45–12.20	What works for whom and why? Personalising programmes for children Dr Rob Senior, The Tavistock and Portman NHS FT Dr Eilis Kennedy, The Tavistock and Portman NHS FT Dr Kathy McKay, The Tavistock and Portman NHS FT and University of Liverpool
12.20–13.00	Evidencing empowerment: using (non)validated measures to document personal change Professor Pamela Cox, Department of Sociology, University of Essex
13.00–14.00	Lunch
14.00–14.30	Mentalization-based treatment for antisocial personality disorder: trials and tribulations of implementing a randomised controlled trial with the UK Dr Jessica Yakeley, Portman Clinic, The Tavistock and Portman NHS FT
14.30–15.00	"The gold standard is already a barbarous relic": NICE depression guidelines in the balance Dr Susan McPherson, School of Health and Social Care, University of Essex
15.00–15.30	Paraphilias, violence and personality functioning: investigating treatment outcome with long-term psychoanalytic psychotherapy at the Portman Clinic Dr Felicitas Rost, Portman Clinic, The Tavistock and Portman NHS Foundation Trust
15.30–15.45	Break
15.45–16.15	The Waiting Times Project: an investigation of the Psychic Life of Time Dr Jocelyn Catty, The Tavistock and Portman NHS FT
16.15–16.45	Roundtable discussion: the future of mental health research Andrew Cooper, Professor of Social Work, The Tavistock and Portman and University of East London Professor Roderick Main, Department of Psychosocial and Psychoanalytic Studies, University of Essex Dr Rob Senior, The Tavistock and Portman NHS FT Dr Eilis Kennedy, The Tavistock and Portman NHS FT Dr Susan McPherson, School of Health and Social Care, University of Essex
16.45 onwards	Drinks Reception

Biographies

Andrew Cooper is Professor of Social Work at the Tavistock and UEL, Research Lead in the Department of Education and training, and Programme Lead for the Tavistock / Essex Professional Doctorate in social work and social care. His most recent publication is *Conjunctions: social work, psychoanalysis and Society*, in the Routledge/Tavistock Clinic Book Series.

Professor Roderick Main works in the Department of Psychosocial and Psychoanalytic Studies at the University of Essex, where he is currently Director of Research and Director of the Centre for Myth Studies. He has published extensively on the work of C. G. Jung, especially in relation to cultural tensions between secularity and religiousness. He was Principal Investigator on a recent research project titled "'One world": logical and ethical implications of holism', funded by the Arts and Humanities Research Council (2016–18).

Dr Rob Senior is a Consultant Child and Adolescent Psychiatrist, Systemic Psychotherapist and the Medical Director of the Tavistock and Portman NHS Foundation Trust. He is also the Trust named Doctor for Child Protection and is on the Local Safeguarding Children Board. Rob's research and clinical interests are in the impact of risk including maltreatment on child development and the development and evaluation of interventions to address risk and its consequences in the early years.

Dr Eilis Kennedy is a Consultant Child & Adolescent Psychiatrist and Director of Research & Development at the Tavistock and Portman NHS Foundation Trust. She is also an Honorary Reader in the Research Department of Clinical, Educational and Health Psychology, University College London and Co-Editor, *Clinical Child Psychology and Psychiatry*.

Dr Kathy McKay is a Research Associate at the University of Liverpool and the Tavistock and Portman NHS Foundation Trust. She is currently working on the qualitative component of the Personalised Programmes for Children Study.

Professor Pamela Cox teaches and researches across social policy, socio-legal studies, social history and criminology and is based in the Department of Sociology at the University of Essex. She works as a policy consultant with local authority and voluntary sector organisations.

Dr Jessica Yakeley is a Consultant Psychiatrist in Forensic Psychotherapy, Director of the Portman Clinic and Director of Medical Education, Tavistock and Portman NHS Foundation Trust. She is a Fellow of the British Psychoanalytic Society and Editor of the journal *Psychoanalytic Psychotherapy*. She specializes in the psychotherapeutic treatment of people presenting with violent and sexual problems and has published widely on topics including medical education, violence, risk assessment, prison health, and antisocial personality disorder. She is Research Lead for the Royal College of Psychiatrists Psychotherapy Faculty and for the British Psychoanalytic Council.

Dr Susan McPherson is a Senior Lecturer and Director of Research Impact at the School of Health and Social Care, University of Essex.

Dr Felicitas Rost is the Research Lead at the Portman Clinic and President of the Society for Psychotherapy Research (SPR) UK Chapter. Her current interests and motivations are shaped by two beliefs: the necessity of building bridges between psychoanalytic treatment modalities and empirical research; and the need to break down arbitrary dichotomies between research modalities.

Dr Jocelyn Catty is a Child and Adolescent Psychotherapist, Research Lead for the Child Psychotherapy doctoral training at the Tavistock Centre, and Co-Series Editor of the Tavistock Clinic Series with Karnac. She originally read English Literature at Jesus College, Oxford, and subsequently became Senior Research Fellow in Mental Health at St George's, University of London. She also works in a CAMHS service in South London and, as an adult psychotherapist, in private practice with adults.