

To what extent does the programme cover each of the nine domains of the HEE Perinatal Mental Health Competency Framework?

CPD Course



The Tavistock and Portman
NHS Foundation Trust

| | Perinatal Training for Community and Inpatient Perinatal Mental Health Team Managers Leaders | Perinatal Training for Community and Inpatient Perinatal Mental Health Practitioners | Perinatal Training: Care of women with severe and complex mental illness during the perinatal period | Perinatal training for psychologists and therapists in CAMHS and adult mental health teams | Perinatal Training: Risk assessment and management |
|--|---|---|---|---|---|
| Core - The Perinatal Frame of Mind | Completely | Completely | Completely | Completely | Completely |
| Domain 1 - Common emotional and physiological changes | Somewhat | A lot | A lot | Completely | Somewhat |
| Domain 2 - Understanding perinatal mental health disorders | A lot | Completely | A lot | Somewhat | A lot |
| Domain 3 - Having an open conversation about mental health in the perinatal period | Somewhat | A lot | Somewhat | A lot | A lot |
| Domain 4 - Understanding the mother's feelings about her baby and pregnancy | A lot | Completely | A lot | Completely | A little |
| Domain 5 - Understanding difference, stigma and barriers to care | A little | A lot | A lot | A lot | A lot |
| Domain 6 - Understanding risk and protective factors | A little | Completely | Completely | A lot | Completely |
| Domain 7 - Safeguarding vulnerable women and infants | Somewhat | A lot | A lot | Somewhat | A lot |
| Domain 8 – Understanding and valuing the multidisciplinary team and pathway | Completely | A lot | Somewhat | Somewhat | A lot |